

PROCLAMATION

Nevada Moves Day April 24, 2013

WHEREAS, walking and bicycling to school reduces the number of vehicle trips in the vicinity of schools and potential conflicts between vehicles and pedestrians or bicyclists; and

WHEREAS, reducing the number of vehicles driving students to school results in increased safety, reduced traffic congestion, improved air quality, and less fuel consumption in the vicinity of schools; and

WHEREAS, the benefits related to physical activity at an early age play a leading role in reducing rates of heart disease, diabetes and other obesity related health problems among children; and

WHEREAS, children walking and bicycling to school together with parents and caregivers opens opportunities to mentor children about pedestrian and bicycle safety and its benefits related to health and the environment; and

WHEREAS, adequate physical activity has been shown to lead to improvement children's academic achievement; and

WHEREAS, walking and bicycling to school offers an opportunity to build physical activity into both parent's and children's' daily routines; and

WHEREAS, children, parents and community leaders around Nevada are joining together to walk and bicycle to school on "Nevada Moves Day", on April 24, 2013.

NOW THEREFORE, I, Robert Crowell, Mayor, proclaim Wednesday, April 24, 2013 as "**Nevada Moves Day**" in Carson City and encourage citizens to be active and to walk or bicycle their children to school while celebrating the benefits of increased safety and health, this day and throughout the year.



Dated this 18th day of April 2013.


Robert L. Crowell, Mayor