## PROCLAMATION

## The Great American Smoke-Out Day

## November 15, 2007

**WHEREAS**, the U.S. Surgeon General has said that smoking remains the single most preventable cause of premature death in our society; and

**WHEREAS**, each year smoking accounts for 438,000 premature deaths in the U.S. and 38,000 non-smokers die as a result of exposure to second-hand smoke; and

**WHEREAS**, smoking and related-illnesses also account for 20% of all sick days taken by employees nationwide; and

**WHEREAS**, for thirty years millions of smokers have participated in the American Cancer Society's Great American Smoke-Out, a day on which they give up cigarettes for twenty-four hours; in the hope they may quit permanently; and

**WHEREAS**, a significant number of those who gave up cigarettes for the day were able to give up the habit entirely; and

**WHEREAS**, this demonstration of success suggests that the Great American Smoke-Out has potential for improving the health of the citizens of Carson City.

**NOW, THEREFORE**, I, Marv Teixeira, Mayor of Carson City, Nevada, do hereby proclaim November 15, 2007 as **The Great American Smoke-Out Day** and encourage Carson City employees and citizens to give up smoking today.



Dated this 15<sup>th</sup> Day of November, 2007

Marv Teixeira, Mayor