

I. PROJECT ELIGIBILITY

A. Check all statements that describe HOW this project/program meets one of Carson City's goals:

- A Safe and Secure Community
 A Healthy Community
 An Active and Engaged Community
 A Clean and Healthy Environment
 A Vibrant, Diverse and Sustainable Economy
 A Community Rich in History, Culture and the Arts
 A Community Dedicated to Excellence in Education
 A Physically and Socially Connected Community
 A Community Where Information is Available to All

B. For CDBG ONLY. This project/program meets at least ONE of the HUD national objectives listed below (please check all that apply)

1. Benefits low/moderate income individuals/households
 2. Addresses the prevention or elimination of slums or blight
 3. Meets a particularly urgent community development need

C. For CDBG ONLY. Check all statements that describe HOW this project/program meets one of the National Objectives above:

L/M Area Benefit: the project meets the identified needs of L/M income persons residing in an area where at least 51% of those residents are L/M income persons. The benefits of this type of activity are available to all persons in the area regardless of income. ***Examples:*** street improvements, water/sewer lines, neighborhood facilities, façade improvements in neighborhood commercial districts.

L/M Limited Clientele: the project benefits a specific group of people (rather than all the residents in a particular area), at least 51% of whom are L/M income persons. The following groups are presumed to be L/M: abused children, elderly persons, battered spouses, homeless, handicapped, illiterate persons. ***Examples:*** construction of a senior center, public services for the homeless, meals on wheels for elderly, construction of job training facilities for the handicapped.

L/M Housing: the project adds or improves permanent residential structures that will be occupied by L.M income households upon completion. Housing can be either owner or renter occupied units in either one family or multi-family structures. Rental units for L/M income persons must be occupied at affordable rents. ***Examples:*** acquisition of property for permanent housing, rehabilitation of permanent housing, conversion of non-residential structures into permanent housing.

L/M Jobs: the project creates or retains permanent jobs, at least 51% of which are taken by L/M income persons or considered to be available to L/M income persons. ***Examples:*** loans to pay for the expansion of a factory, assistance to a

business which has publicly announced its intention to close with resultant loss of jobs, a majority of which are held by L/M persons.

_____ **Microenterprise Assistance:** the project assists in the establishment of a microenterprise or assists persons developing a microenterprise. (A microenterprise is defined as having five or fewer employees, one or more of whom owns the business.) This activity must benefit low/moderate income persons, area or jobs as defined in previous sections.

_____ **Slum or Blighted Area:** the project is in a designated slum/blight area and the result of this project addresses one or more of the conditions that qualified the area.

_____ **Spot Blight:** the project will prevent or eliminate specific conditions of blight or physical decay outside a slum area. Activities are limited to clearance, historic preservation, rehabilitation of buildings, but only to the extent necessary to eliminate conditions detrimental to public health and safety. **Examples:** historic preservation of a public facility threatening public safety, demolition of a deteriorated, abandoned building.

C. Project/Program Category (check one):

Public Service (i.e., a new service or an increase in the level of service)

_____ **Public Facilities and Improvements (i.e., homeless shelter, water and sewer facilities, flood and drainage improvements, fire protection facilities/equipment, community, senior and health centers, parking, streets, curbs, gutters and sidewalks, parks and playgrounds).**

_____ **Acquisition of Real Property**

_____ **Disposition of Real Property (sale, lease or donation)**

_____ **Privately-Owned Utilities**

_____ **Relocation Payments and Assistance to Displaced Persons**

_____ **Removal of Architectural Barriers, Handicapped Accessibility**

_____ **Housing Rehabilitation**

_____ **Historic Preservation**

_____ **Commercial or Industrial Rehabilitation, including façade improvements and correction of code violations**

_____ **Special Economic Development or assistance to microenterprises**

II. PROJECT DESCRIPTION

The Five-year Consolidated Plan identifies priority community development needs for Carson City (see Appendix II). The need for your proposed project will be determined by identifying how the project impacts upon the adopted Consolidated Plan Priority Needs. Greater consideration will be given to projects/programs that provide a clear description of the project/program with supporting data and methodology of how the project will meet these needs.

1. Describe the proposed project/program, including how the project/program will address the National Objective indicated (CDBG ONLY) and whether the project/program is new, ongoing, or expanded from previous years.
 - Reach Up is an ongoing comprehensive behavioral health treatment and case management program designed to identify, support and counsel the Carson City youth from 3 – 17 years of age in crisis due to loss of a loved one, at-risk of suicide, suffer from extreme dysfunctional family issues, are having poor educational performance, truancy or chemical dependency issues. Reach Up began in Carson City in 2007 serving very low to moderate income youth. Reach Up specifically targets youth in crisis and troubled youth. The following proposal would allow us to serve youth with additional services effectively both individually through our support groups.
 - Reach Up will provide educational & behavioral health counseling to assist youth and their family in gaining the ability to communicate in a healthy family environment, to interact responsibly, work with mentors and peers toward realizing appropriate methods of dealing with catastrophic issues, improve critical thinking skills, develop a network of individuals to work alongside and methodically deal with overwhelming situations.
 - Reach Up is planning on expanding services by offering outreach and services targeting at-risk youth including but not limited to foster youth (both in and out of care), youth on probation, youth that are raised by their grandparents or another family member and youth at risk of running away. Reach Up will also provide free substance abuse assessments and ongoing counseling through Carson Professional Group as deemed appropriate. Carson Professional Group will offer qualified Reach Up clients free services based on their eligibility with the Reach Up program. Reach Up! will also offer free counseling by a Marriage and Family Therapist Intern to youth and families when appropriate.
 - Reach Up will offer:
 1. Reach Up intake to determine participant need including but not limited to: Initial contact with a Family Advocate to pre-screen participants for appropriateness of services and to evaluate other family needs, determine income status, family size, residency, race/ethnicity, areas of concern and referral to a Reach Up behavioral health professional. Financial documentation will be provided to ascertain LMI eligibility and be copied and available for review in each client file.

2. Reach Up counseling will consist of up to 10 free individual weekly counseling/case management sessions per youth with a qualified professional Licensed Social Worker and referrals to the Reach Up process and therapeutic support groups for ongoing support and follow-up as needed. Group sessions are continued on a gratis basis as long as the youth and family exhibit the need and desire for services.
3. Reach Up support groups will be offered for age specific youth and facilitated by our Licensed Social Worker and co-facilitated by UNR Social Work Interns. Reach Up will also be offering therapeutic support groups that will be co-facilitated by a Licensed Clinical Social Worker. Our Marriage and Family Therapist Intern will also provide gratis services for Reach Up youth and families.
4. Reach Up will make direct referrals to in-house programs such as our evidence-based program, Positive Action, in which the youth and parents attend classes' simultaneously in separate groups and then attend a joint family "wrap-up" session after every class. Positive Action focuses on working together as a family in a holistic manner to elicit positive communication and positive change for the benefit of all family members. Anger Management (F.I.R.E.) classes are also offered to youth in age specific workshops.
5. Reach Up will also provide follow-up services for up to a year to insure youth and family needs are being met and constructive behaviors and relationships ensue.
6. Reach Up's Rapid Response Team will be expanding services to include preventative individual and group support at requesting schools. Nationally, many youth are suffering from mental health disorders and consequently school and community violence ensues. The Carson City Sheriff's Department, our juvenile service providers and educational partners have requested we take the Reach Up Rapid Response Team approach to the schools highlighting "Risk Factors and Resources" in a presentation format helping youth identify problems that stem from substance abuse, negative peers, family conflict, lack of supports, poor academic performance, bullies, gangs and poor self-esteem . When youth are given opportunities to identify their risk factors with an equal amount of resources the probability of unacceptable behavior and consequences diminish. Appropriate referrals for counseling are given to youth that represent themselves in the moderate or higher range of the risk factors inventory. (Attachment 6)
7. Reach Up's Rapid Response Team available to offer support services on an emergency response basis. In 2010 – 11, Reach Up responded to incidents including but not limited to the deaths of 4 students, victims of gang activity and other occurrences that affect the associated family, friends and community surrounding an incident. The Reach Up Response Team is available for counseling and support immediately. With a focus on availability and accessibility of services, the Reach Up Response Team

offers services at the Ron Wood Family Resource Center, school locations and residential visits.

8. Reach Up meets the HUD national objective and the Carson City Consolidated Plan. Reach Up services are offered to our very low/moderate income youth that meet the screening criteria. Ron Wood Family Resource Center has also been designated by HUD/CDBG as a LMI facility based on the youth and families that access services as well as the location of the center. Reach Up meets 4 of the 7 priority needs as stated by the Carson City Consolidated Plan; Youth Services, Substance Abuse Services, Health Services, Other Services/Subsistence.

2. If the proposed project/program already exists, please describe your success rates in providing services to low- to moderate-income persons:

MEASURABLE PROGRAM OUTPUTS	GOAL 2012-13 CSSG	ACTUAL First 6 months of the fiscal year	+/-%
# <i>Reach Up</i> intake sessions to determine eligibility to program	350	144	-17.7%
# <i>Reach Up</i> Youth (LMI) served (1 – 10 sessions each)	350	144	-17.7%
# <i>Reach Up</i> counseling sessions to be conducted	800	410	+3%
# <i>Reach Up</i> youth support group sessions to be conducted	500	258	+3%
% <i>Reach Up</i> case files documenting activities	100%	100%	---
% <i>Reach Up</i> families receiving a closing letter and satisfaction survey	100%	100%	---
% <i>Reach Up</i> families responding to the survey will indicate a favorable evaluation of the program	90%	90%	---
% <i>Reach Up</i> families will have case files documenting all eligibility criteria, financial eligibility, counseling sessions, goal attainment, program activities, referrals, assessments and post-program outcomes	100%	100%	----
% of all participants that are Carson City residents	90%	95%	+5%
% of all participants that are LMI	90%	94%	+4%

The proposed goals for 2012 – 2013 were based on receiving 35,730.00. *Reach Up* actually received 30,000 –NO amendments/revisions of outcomes/outputs were made.

3. Describe who will benefit from the proposed project/program.

- *Reach Up* will offer services and support to youth and families in the Carson City area and serve youth that “slip-through-the cracks” with state and private behavioral health service providers. Reach Up will offer low to moderate income families the same accessibility to therapy and counseling services that presently are mostly utilized by moderate – higher income families and households. Ron Wood Family Resource Center is located in a LMI designated area in Carson City. Our walk-in center serves between 6000 – 8000 individuals per month. Of the individuals served, over 95%+ are in the LMI income category and are Carson City residents.

- The underserved low income youth of our community are many times overlooked and as a result are not able to process emotional trauma and move through life-changing events and situations that many times result in long-term behavioral problems, drug abuse, criminal activity, truancy and poor performance in school result in the inability to have healthy and productive social and family relationships.
- The Rural Children's Mental Health Consortium (RCMHC) has advocated for increased mental health services for children, youth, and their families. The RCMHC actively pursues partnerships, with both public and private agencies, to help enhance the availability of services throughout the state and we will continue to do so. Unfortunately, mental health services remain a needed commodity in most of Nevada's rural and frontier communities. Dedicated Public Employees, especially those working for DCFS, Rural Clinics, Juvenile Justice, and Education, carry large workloads and become overburdened with service delivery needs. Particularly true with services to children and families, high workloads contribute to staff turnover and impair the ability of clinicians to learn and implement new service delivery models, such as evidence-based practices. Taken together, these factors decay the performance rate leading to long waitlists, inefficient service delivery, and demands for system change. *

* NV Rural Mental Health Consortium Annual Plan – 2007 - 2008

- In rural Nevada, State of Nevada Rural Clinics is merely addressing the tip of a children's mental health crisis. For every child currently in service, there are likely 14 – 16 youth in need of behavioral health services. Rather than contemplating an expansion of programs to meet this need, Rural Clinics is facing a downsizing initiative. **

** Rural Nevada Children's Mental Health Consortium – Annual Report June 2008

- Nevada ranked 47th on the percent of its children uninsured in 2007 (1 = best, 50 = worst). Seventeen percent of the state's children were without health-insurance coverage. At 115,000, Nevada ranked 30th among the states on the number of uninsured children. When compared to Nevada's neighbors, the state had the highest percentage of uninsured children. Arizona followed closely at 16 percent. Younger children, ages 5 and under, were slightly more at risk of being uninsured than older children, ages 6 to 17.***

*** Nevada Kids Count State-Level Data Online – 10/22/09

4. If your project is designed to serve a limited clientele, please indicate the population you will be serving with your project:

Abused Children Illiterate Persons Homeless Persons
 Battered Spouses Elderly Severely Disabled Adults
 Migrant Farm Workers Other (Please explain)*

- Reach Up will serve youth 3 – 17 years of ages that are in crisis due to abuse or neglect, suffering from extreme dysfunctional personal/family situations, distraught due to the loss of a loved one, are at-risk of suicide, are trying to work through poor educational performance, are truant and/or have chemical dependency issues. Many of our Reach Up participants are in a homeless situation as well.

5. For CDBG ONLY. If your project/program will not be serving one of the above limited clientele categories, explain how you will document client income and how you will document that at least 51% of your clientele will be low-to-moderate income:

Processes are in place to obtain financial documentation at the first appointment and provide documentation in case files.

6. How will the funds be used on this project/program?

- CDBG funding will be utilized to support 100% direct costs of the *Reach Up* program. Ron Wood Family Resource Center will provide an additional \$52,265.00 funding support for most operating expenses including extra clerical support, Positive Action and other class instruction costs and operating costs at the center. Saint Mary's Bereavement Program and Carson Professional Group will provide the oversight of the program by Licensed Clinical Social Workers. LCSWs will provide mental health assessments, extensive counseling/therapy (as needed), oversight of the therapeutic support groups and the availability of substance abuse assessments. These services will be provided on a gratis basis. A funding commitment matrix is included in this proposal outlining leverage funding. (Attachment 8)

7. Describe how your organization plans to reduce the need for grant funding in the future:

- Ron Wood Family Resource Center is working toward a 5 year plan which incorporates Licensed Clinical Social Workers, Marriage and Family Therapists, Substance Abuse Counselors and an agency Psychologist in the delivery of mental health services particularly for youth. Utilizing the internship program at University of Nevada – Reno, Ron Wood is continuing to grow an active social work program offering opportunities for learning at Ron Wood while providing youth and families quality mental health assistance under the guidance of qualified licensed experts. With the opportunity to become Medicaid certified, Ron Wood plans to offer *Reach Up* clinical services through Medicaid, at no cost or at a reduced rate depending on each particular family's situation and ability to contribute. The hope is funds will be generated and need for grant funding will be greatly reduced. Additional grant resources are also being explored to reduce the need for CDBG funding.

8. Could your organization use less than the amount of funds requested for the proposed project/program? Please explain.

- Yes - Services could be provided for fewer youth. This does not diminish the demand for these services which continue to increase as affordable services are decreasing.

9. Are there other agencies or organizations that provide the same service as your organization? If so, how do you coordinate your services with that organization?

No – There is not another agency in our rural area that provides free individual and group sessions. The only option these LMI families have is to utilize State of Nevada - Carson Mental Health. Carson Mental Health serves the most extreme cases only. CMH also schedules their appointments weeks to months down the road unable to address critical

issues with immediate service. Carson Mental Health also charges a fee and many of our families are unable to afford any type of fee.

10. What is the geographic target area that will be served by this project/program?

Target Area (specify geographic area) _____

OR

Community-wide

For Public Improvement (construction) Projects only

1. Is the proposed project part of a larger project or is it a stand-alone project? (If part of a larger project, please describe the entire project.)

2. Can this project be done in different phases? _____ Yes _____ No

If YES, explain.

3. Have CDBG or CSSG funds been used for an earlier phase? _____ Yes _____ No

4. Who currently holds title to the property involved?

5. With whom will title be vested upon completion?

6. Do any rights-of-way, easements or other access rights need to be acquired?

_____ Yes _____ No _____ N/A

7. If the project requires water rights or well permits, have they been acquired?

_____ Yes _____ No _____ N/A

For CDBG Economic Development projects only:

1. Identify the proposed employers that will be assisted with this project; (b) describe how they will comply with the requirement that at least 51% of the permanent full-time jobs created

are either held by or made available to LMI persons; and (c) explain how they will document the jobs created and the income levels of the persons hired.

For CDBG Housing Projects please indicate:

The number of homes to be rehabilitated: _____

The number of persons to be benefited: _____

III. PROJECT MEASUREMENT

Carson City has implemented a Performance and Outcome Measurement System into the application and grant/project administration process. When completing this section, keep in mind that **outputs** are specific descriptions of what your project is intended to accomplish (such as serve a total of 20 clients) and **outcomes** are the benefits or changes that result from the program (such as how well the service met the client needs).

1. What are the projected **outputs**, or total number of people served, from this program/project?
Reach Up will provide:

- 350+ Reach Up intake sessions (15 - 30 minutes each) to determine eligibility of youth in need of services
- 350+ Reach Up LMI targeted youth will be served (up to 10 x 50 minute sessions)
- 800 Reach Up youth counseling sessions (50 minutes each) will be conducted
- 500 Reach Up youth process/therapeutic support group sessions (1 ½ hours each) will be conducted
- Reach Up's Rapid Response Team will facilitate 12 offsite youth group sessions at local schools and juvenile services facilities highlighting Risk Factors and Resources preventative programming at an age specific delivery process.
- All Reach Up client case files will document all activities including: intake, welcome form, family goal worksheets, release of information (if applicable), progress notes and program follow-up information.
- All Reach Up families will receive a closing letter, satisfaction surveys to determine program satisfaction and to determine the need for additional services for 1 year after services were delivered.

2. Of the total number of people in Question 1, how many of these are low-to-moderate income (LMI)? How many are Carson City residents?

- 350 Reach Up LMI targeted youth will be served (up to 10 - 50 hour sessions each)
- 350 Reach Up families will be invited to participate in family classes
- 500 Reach Up group sessions will be completed
- 800 Reach Up counseling sessions will be conducted
- 90%+ of the participants will be LMI (2010-11 – 100% were LMI participants)
- 95%+ of all participants will be Carson City residents

3. What is the projected **outcome** of this program/project? (How will the outputs benefit the total number of people in Question 1?)

- 100% of 350 Reach Up targeted clients will complete intake sessions
- 100% of 350 Reach Up targeted clients will attend 1 - 10 individuals sessions including behavioral and educational counseling, learning how to cope with traumatic events, anger management training, learning to reduce poor decision making; criminal activity, substance abuse behaviors, truancy and academic apathy. Reach Up will instill positive

communication for positive results, work toward building personal assets while improving self-esteem.

- 100% of Reach Up participants will have case files documenting all eligibility criteria, counseling sessions, goal attainment, program activities, referrals, assessments and post-program survey outcomes.
- 90% of 350 families responding to the survey will indicate a favorable evaluation of the Reach Up program

4. What procedures will be put into effect to create, compile and maintain data to track performance measurement for this program/project?

- Systems are currently in place to document, monitor and report data for the Reach Up program. Our CDBG Coordinator inputs outcomes on an Excel spreadsheet for easy calculation and access. Data collection has been in place for CDBG since 2007.
- Our CDBG Coordinator /Licensed Social Worker captures all daily activities and documents all information in case files on a timely basis.
- Our CDBG Coordinator /Licensed Social Worker reports all program data to the Executive Director on a monthly, quarterly and annual basis.
- Intake Form: First contact information to determine appropriateness for services
- Welcome Form: Captures demographics on income, family size, residency, family individual members, race/ethnicity, other services requested through our center and community partners.
- Family Goal Worksheets: The Licensed Social Worker assists the youth in setting attainable self-directed goals and documents progress.
- Progress Notes: Chronological case management in all activities, referrals & sessions
- Post-Program Satisfaction Survey: Results are documented in each case file.
- Mental Health Assessments: Mental health assessments are conducted through Carson Professional Group as needed.
- Substance Abuse Assessments: Substance abuse assessments are conducted through Carson Professional Group as needed.
- Valeri Wood, LCSW from Saint Mary's Bereavement Program and Carson Professional Group will oversee the Reach Up Rapid Response Team, mental health assessments, substance abuse assessments and act as consultant when dealing with youth with specific mental health issues. Valeri Wood is offering all of her services gratis.
- Reach Up data for the 12-13 fiscal year-to-date support the need and expansion of our existing program. (Attachment 7)

IV. CDBG PROJECT BUDGET

Complete the Budget Summary chart. More detailed budgets may be attached in support of the proposal. Identify sources of leveraged funding for the activity. Include the status of these funds (i.e. cash on hand, grants received, planned fund-raising, etc.) Attach copies of funding commitment letters or other evidence of funding support.

Project Title: <i>Reach Up</i>	CDBG Funds Requested	Leveraged Funds	Total Funds
Program Expenses FY 2012-13			
Salaries and Benefits	39250.00	15,300.00	54,550.00
Rent and Utilities (power, phone)	-0-	20,000.00	20,000.00
Mortgage	-0-	-0-	-0-
Equipment	-0-	-0-	-0-
Equipment Maintenance & Repair (copier lease, phone lease, Internet)	-0-	3,600.00	3,600.00
Office Supplies	200.00	-0-	200.00
Operating Supplies	-0-	-0-	-0-
Postage and Shipping	100.00	300.00	400.00
Printing and Publications	-0-	500.00	500.00
Advertising and Promotion	-0-	-0-	-0-
Subscriptions and Dues	-0-	265.00	265.00
Liability/Other Insurance	250.00	4,400.00	4,650.00
Professional Fees (Fiscal Manager)	-0-	2,600.00	2,600.00
Other project costs: (Specify Below)			
Audit	200.00	5,300.00	5,500.00
TOTALS	40,000.00	52,265.00	92,265.00

Funding Charts for leveraging funds- 2013 - 14 Secured/Pending Grants Chart – Attachment 8

V. PROJECT ADMINISTRATION

A. Provide the names, phone numbers and e-mails of the following people. (There may be more than one person responsible in each category. If the specific individual is not known, please give a job title):

1. The person to whom all questions regarding the application should be directed:

- Joyce Buckingham – Executive Director
2621 Northgate Lane ~ Suite 62
Carson City, NV 89706
775-884-2269 – Phone
775-884-2730 - Fax
Executive_director@carson-family.org

2. The person directly responsible for on-site supervision of the project, such as a project manager:

- Joyce Buckingham – Executive Director
2621 Northgate Lane ~ Suite 62
Carson City, NV 89706
775-884-2269 – Phone
775-884-2730 - Fax
Executive_director@carson-family.org

3. The person responsible for the financial management of the project, including preparation, review and approval of reimbursement requests:

Betty Weiser – Fiscal Manager
2621 Northgate Lane #62
Carson City, NV 89706
775-884-2269 – Phone
775-884-2730 - Fax
betty@carson-family.org

4. Please list the name, address, phone number and e-mail of the person responsible for preparing the quarterly reports and tracking the performance on this program/project.

- Lisa Yesitis, LSW – CDBG Coordinator
2621 Northgate Lane ~ Suite 62
Carson City, NV 89706
775-884-2269 – Phone
775-884-2730 - Fax
lisa@carson-family.org

VI. AGENCY INFORMATION

1. Proof of non-profit status for private agencies (governmental entities and schools are exempt):

Date of incorporation	4-9-97
Date of IRS certification	5-23-97
Tax exempt number	IRS – 86-0865470 NV – RCE-012-907

2. DUNS Number: : 867923401

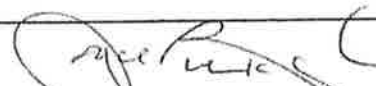
For information on DUNS, go to: <http://www.ccr.gov/pdfs/DUNSGuideGovVendors.pdf>


3. Attach the following to each copy of the Proposal for Funding:

- a. IRS Tax Exempt "501(c)(3)" letter.
- b. Proof of incorporation from Secretary of State (CERTIFICATE ONLY)
- c. Current organization chart with names of staff members. Staff members may not serve as a Board Member of the agency they work for.
- d. List of current Board of Directors and terms of office. If a member of your Board of Directors is in a position to obtain a financial benefit or interest from your proposed project, you may be ineligible for CDBG funds (See 24 CFR 570.611).
- e. *For all 501(c)(3) non-profit organizations:* a copy of the organization's most recently submitted Federal Tax Return (Form 990 or 990EX). Governmental bodies and schools are exempt from this requirement.

4. Required Certification (see instructions):

Applicant certifies that to the best of his/her knowledge, all information submitted as part of this application is true. Applicant will comply with all grant and contract requirements if funding is approved.

 Signature of Authorized Official	Date 1/17/12
Joyce Buckingham – Executive Director Typed Name and Title of Authorized Official	(775) 884-2269 Phone Number

 Signature of President of Board of Directors	Date 1/17/12
Fred Redican Typed Name of President of Board of Directors	(775) 884-2269 Phone Number

911 E Musser St.
Carson City, NV 89701



Ken Furlong
Sheriff

775-887-2500
Fax: 775-887-2026

January 15, 2013

TO: Ron Wood Family Resource Center
Attn: Joyce Buckingham

FROM: Ken Furlong
Carson City Sheriff

I am writing this letter in support of the Ron Wood Family Resource Centers potential funding in support of the Reach Up Rapid Response Team community based efforts. As we are all aware, disasters are not always at the community wide level, but instead often exist within the unique family; a target for resource assistance that the vital Center has focused on. The Reach Up program offers this community assistance and is critical to our future needs.

As major events have unfolded across our country, we have witnessed common core elements within struggling families, frequently low level mental health issues. The accessibility and affordability of needed resources are so often keys to the long term strife relief that families are seeking. In addition, many people struggle just with defining where to go to reach the needed resources that are already out there. Reach Up provides for community based initiatives to create a "hand off" management philosophy between law enforcement and resources intended for those in need. It's not enough to restore peace and calm at a moment, our focus must create trusted and competent management resources that produce real family assistance results. Reach Up does just that.

I offer my support and encouragement to the Ron Wood Family Resource Center to create a greater care and understanding of the needs of the community. Together with the Carson City Sheriff's Office, community and family come first.

Sincerely,

Ken Furlong
Sheriff

Reach Up Program Statistics (Additional Information)

July 2012- December 2012

63 new families = 144 new clients

258 group contacts

410 individual/family sessions

Additional Client Data

59% experienced loss due to death

83% experienced loss due to divorce

14% admitted to substance abuse/addiction

49% admitted there was substance abuse/addiction causing problems in the home by somebody else

5% admitted to past sexual abuse

92% admitted to high family dysfunction

44% admitted to current or past domestic violence in front of the children

13% have experienced suicidal ideation

3% are having truancy issues

20% of clients have a mental health diagnosis

42% of clients have a family member with mental health issues

Measurable Goals

97% of clients are satisfied overall with the program

94% feel it has improved their family relationships

95% feel it has increased their children's self esteem

82% believe it has increased school performance

Ron Wood Family Resource Center 2013 - 14 GRANT FUNDING SOURCES	AMOUNT	PENDING OR SECURED
ULC/Partnership Carson City	15,000.00	PENDING
WIC – SUBGRANT Breastfeeding	32,113.00	SECURED
Carson City School District	25,000.00	SECURED
Carson City Community Support Services	40,000.00	PENDING
Chafee	30,000.00	PENDING
Children’s Trust Fund - Positive Action	88,987.00	PENDING
Differential Response	134,067.00	SECURED
FAFFY	30,000.00	PENDING
Family Resource Center	29,986.00	SECURED
Food Insecurity Grant	25,000.00	PENDING
Office of Traffic Safety	52,000.00	PENDING
Partnership Carson City – City Grant	25,000.00	PENDING
SAPTA	42,000.00	PENDING
Title IV-B	22,967.00	PENDING
Women, Infants & Children	204,402.00	SECURED
United Way – Attendance Officer	50,000.00	PENDING
ADRC	70,023.00	PENDING
2013 – 14 POTENTIAL TOTAL FUNDING	\$916,545.00	-----
2013-14 = SECURED FUNDING	\$425,568.00	

Annual Report For Community Support Services Funding Fiscal Year 2012-2013

Name of Organization: Ron Wood Family Resource Center

Program/Project: Ron Wood Family Resource Center – Reach Up!

Amount of Funds Received \$ 40,000.00

Contact Person: Joyce Buckingham

Mailing Address: 2621 Northgate Lane #62

City: Carson City State: Nevada Zip Code: 89706

Phone Number: (775) 884-2269 E-mail: executive_director@carson-family.org

Date Submitted: 1-18-13

1. Please attach a final financial income and expense statement that specifically explains how grant funds were used, including a comparison between your budgeted and your actual incomes and expenses. See Attached
2. Evaluate your achievement of the measurable outcomes listed in your application:

*MEASURABLE PROGRAM OUTPUTS	Outputs/Outcomes GOALS 2012-13 CSSG	Achievements First 6 months of the fiscal year	+/- %
# <i>Reach Up</i> intake sessions to determine eligibility to program	350	144	-17.7%
# <i>Reach Up</i> Youth (LMI) served (1 – 10 sessions each)	350	144	-17.7%
# <i>Reach Up</i> counseling sessions to be conducted	800	410	+3%
# <i>Reach Up</i> youth support group sessions to be conducted	500	258	+3%
% <i>Reach Up</i> case files documenting activities	100%	100%	---
% <i>Reach Up</i> families receiving a closing letter and satisfaction survey	100%	100%	---
% <i>Reach Up</i> families responding to the survey will indicate a favorable evaluation of the program	90%	90%	---
% <i>Reach Up</i> families will have case files documenting all eligibility criteria, financial eligibility, counseling sessions, goal attainment, program activities, referrals, assessments and post-program outcomes	100%	100%	---
% of all participants that are Carson City residents	90%	95%	+5%
% of all participants that are LMI	90%	94%	+4%

*Additional Reach Up Data Analysis – Attachment 7

ATTACHMENT 9

3. Approximately how many people benefitted from your project? How many of those people were Carson City residents? What were some of the individual benefits?

144 Reach Up Youth (LMI) served - (1 – 10 sessions each) First 6 months
95% were Carson City Residents

Individual benefits included higher academic performance, higher self-esteem, reduction in substance abuse, reduction in family conflict, reduction in unacceptable behavior, etc.

4. What specific community benefit did your project provide Carson City?

Free services to youth in-need; victims of child abuse and neglect, youth on probation, victims of crime, potential drop-outs, gangs, youth prone to bullying and youth that have been a victim of bullying. These youth received additional resources and services that diminished their risk factors and increased their protective factors that are ultimately needed to balance a healthy, productive and positive life.

Community resource: providing agencies requested services; courts, school district, juvenile services, child protective services, welfare, private and public sector partners.

5. Will this program/project be reoccurring? How do you anticipate funding the project in the future?

Ron Wood Family Resource Center has operated for 18 years. The need for services and programs are increasing as demand escalates coinciding with high unemployment, high food insecurity, housing foreclosures and troubling mental health issues for youth and families.

Funding is always a concern as federal, state and local governmental funding falls short and budget deficits are problematic. Sound sustainability is always our focus and creating additional funding sources are constantly being developed.

6. Describe any challenges that impacted your program.

Funding is always a challenge.

With a myriad of global violence in our schools, theatres and community facilities, our first priority is to remain a resource for youth.

Our focus (past and present) in light of community and school violence by youth, is to focus on education and preventative mental health programming. Since the Newtown tragedy, we have experienced more youth referrals to the Reach Up program this month. We feel that additional preventative measures must be taken to offer our youth resources on troubling issues. Our hope is the CDBG/CSSG Grant Review Committee will provide their support to the Reach Up program and fully fund our request.

Thank you for the funding we have received and the consideration for 2013-2014.

ATTACHMENT 9

Ron Wood Family Resource Center
Reach Up - CCCSS Financial Report
7/1/12 - 12/31/12

			Income		% expended
Grant funding	\$	30,000.00	\$	30,000.00	
donations					
total Income	\$	30,000.00	\$	30,000.00	
			expenditures		
			7/1/12 - 12/31/12		
Personnel	Budget	\$ 30,000	\$	13,094.74	44%
total	\$	30,000	\$	13,094.74	44%
Balance remaining			\$	16,905.26	56%

Ron Wood Family Resource Center Transaction Detail By Account

July through December, 2012

Date	Num	Name	Memo	Class	Amount
6560 · Payroll Expenses					
09/14/2012	13884	Yesitis, Lisa A		Reach Up - CCCSS	168.00
10/02/2012	13944	Lisa Yesitis	Lisa Yesitis FSP differe	Reach Up - CCCSS	20.00
11/09/2012	14065	Yesitis, Lisa A		Reach Up - CCCSS	168.00
11/21/2012	14114	Yesitis, Lisa A		Reach Up - CCCSS	63.00
12/07/2012	14153	Yesitis, Lisa A		Reach Up - CCCSS	336.00
Total 6560 · Payroll Expenses					755.00
 7200 · Salaries & related expenses					
07/20/2012	13650	Yesitis, Lisa A		Reach Up - CCCSS	63.00
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	1,365.00
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	42.00
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	63.00
08/17/2012	13778	Yesitis, Lisa A		Reach Up - CCCSS	798.00
08/17/2012	13778	Yesitis, Lisa A		Reach Up - CCCSS	42.00
08/17/2012	13778	Yesitis, Lisa A		Reach Up - CCCSS	336.00
08/17/2012	13778	Yesitis, Lisa A		Reach Up - CCCSS	84.00
08/31/2012	13841	Yesitis, Lisa A		Reach Up - CCCSS	966.00
08/31/2012	13841	Yesitis, Lisa A		Reach Up - CCCSS	84.00
09/14/2012	13877	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	15.00
09/14/2012	13884	Yesitis, Lisa A		Reach Up - CCCSS	777.00
09/14/2012	13884	Yesitis, Lisa A		Reach Up - CCCSS	63.00
09/28/2012	13928	Yesitis, Lisa A		Reach Up - CCCSS	735.00
09/28/2012	13928	Yesitis, Lisa A		Reach Up - CCCSS	147.00
09/28/2012	13921	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	15.00
10/12/2012	13970	Yesitis, Lisa A	VOID:	Reach Up - CCCSS	0.00
10/12/2012	13961	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	15.00
10/12/2012	13973	Yesitis, Lisa A		Reach Up - CCCSS	840.00
10/12/2012	13973	Yesitis, Lisa A		Reach Up - CCCSS	84.00
10/12/2012	13973	Yesitis, Lisa A		Reach Up - CCCSS	84.00
10/26/2012	14024	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	15.00
10/26/2012	14016	Yesitis, Lisa A		Reach Up - CCCSS	840.00
10/26/2012	14016	Yesitis, Lisa A		Reach Up - CCCSS	105.00
10/26/2012	14016	Yesitis, Lisa A		Reach Up - CCCSS	63.00
11/09/2012	14057	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	15.00
11/09/2012	14065	Yesitis, Lisa A		Reach Up - CCCSS	756.00
11/09/2012	14065	Yesitis, Lisa A		Reach Up - CCCSS	84.00
11/21/2012	14106	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	15.00
11/21/2012	14114	Yesitis, Lisa A		Reach Up - CCCSS	598.50
11/21/2012	14114	Yesitis, Lisa A		Reach Up - CCCSS	171.99
12/07/2012	14146	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	15.00
12/07/2012	14153	Yesitis, Lisa A		Reach Up - CCCSS	567.00
12/21/2012	14214	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	15.00
12/21/2012	14239	Yesitis, Lisa A		Reach Up - CCCSS	273.00
					10,151.49

Ron Wood Family Resource Center Transaction Detail By Account

July through December 2012

Date	Num	Name	Memo	Class	Amount
07/20/2012	13650	Yesitis, Lisa A		Reach Up - CCCSS	3.91
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	102.73
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	3.91
08/17/2012	13778	Yesitis, Lisa A		Reach Up - CCCSS	78.12
08/31/2012	13841	Yesitis, Lisa A		Reach Up - CCCSS	78.41
09/14/2012	13877	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.93
09/14/2012	13884	Yesitis, Lisa A		Reach Up - CCCSS	62.50
09/28/2012	13928	Yesitis, Lisa A		Reach Up - CCCSS	66.73
09/28/2012	13921	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.93
10/12/2012	13961	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.93
10/12/2012	13973	Yesitis, Lisa A		Reach Up - CCCSS	62.50
10/26/2012	14031	Buckley, Wendy		Reach Up - CCCSS	8.21
10/26/2012	14024	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.93
10/26/2012	14016	Yesitis, Lisa A		Reach Up - CCCSS	74.90
11/09/2012	14057	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.93
11/09/2012	14065	Yesitis, Lisa A		Reach Up - CCCSS	62.50
11/21/2012	14106	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.93
11/21/2012	14114	Yesitis, Lisa A		Reach Up - CCCSS	63.98
12/07/2012	14146	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.93
12/07/2012	14153	Yesitis, Lisa A		Reach Up - CCCSS	55.99
12/18/2012	14204	Yesitis, Lisa A	VOID:	Reach Up - CCCSS	0.00
12/21/2012	14214	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.93
12/21/2012	14237	Yesitis, Lisa A		Reach Up - CCCSS	4.96
12/21/2012	14239	Yesitis, Lisa A		Reach Up - CCCSS	16.93
					753.72
07/20/2012	13650	Yesitis, Lisa A		Reach Up - CCCSS	0.91
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	24.03
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	0.91
08/17/2012	13778	Yesitis, Lisa A		Reach Up - CCCSS	18.27
08/31/2012	13841	Yesitis, Lisa A		Reach Up - CCCSS	18.35
09/14/2012	13877	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.22
09/14/2012	13884	Yesitis, Lisa A		Reach Up - CCCSS	14.61
09/28/2012	13928	Yesitis, Lisa A		Reach Up - CCCSS	15.61
09/28/2012	13921	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.22
10/12/2012	13970	Yesitis, Lisa A	VOID:	Reach Up - CCCSS	0.00
10/12/2012	13961	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.22
10/12/2012	13973	Yesitis, Lisa A		Reach Up - CCCSS	14.62
10/26/2012	14024	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.22
10/26/2012	14016	Yesitis, Lisa A		Reach Up - CCCSS	17.52
11/09/2012	14057	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.22
11/09/2012	14065	Yesitis, Lisa A		Reach Up - CCCSS	14.61
11/21/2012	14106	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.22

Ron Wood Family Resource Center Transaction Detail By Account

July through December 2012

Date	Num	Name	Memo	Class	Amount
11/21/2012	14114	Yesitis, Lisa A		Reach Up - CCCSS	14.95
12/07/2012	14146	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.22
12/07/2012	14153	Yesitis, Lisa A		Reach Up - CCCSS	13.10
12/18/2012	14204	Yesitis, Lisa A	VOID:	Reach Up - CCCSS	0.00
12/21/2012	14214	Rodgers-McIntyre, Amanda J		Reach Up - CCCSS	0.22
12/21/2012	14237	Yesitis, Lisa A		Reach Up - CCCSS	1.16
12/21/2012	14239	Yesitis, Lisa A		Reach Up - CCCSS	3.96
					174.37
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	200.00
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	25.00
08/03/2012	13737	Yesitis, Lisa A		Reach Up - CCCSS	25.00
08/31/2012	13841	Yesitis, Lisa A		Reach Up - CCCSS	214.67
09/28/2012	13928	Yesitis, Lisa A		Reach Up - CCCSS	194.44
10/26/2012	14016	Yesitis, Lisa A		Reach Up - CCCSS	200.00
11/21/2012	14114	Yesitis, Lisa A		Reach Up - CCCSS	198.43
12/21/2012	14237	Yesitis, Lisa A		Reach Up - CCCSS	80.00
					1,137.54
07/27/2012	13667	Employers Insurance Group of Ne	CCCSS	Reach Up - CCCSS	122.62
					122.62
					13,094.74
Total 7200 - Salaries & related expenses					