

and probate issues as well as help with Social Security, Medicare, Medicaid problems and other problems such as bill collectors' harassment.

All of our programs are precisely designed to help keep the senior citizens independent and at home where they remain a contributing part of society and the community.

10. Type of funding requested (CDBG ONLY) (Check One):

Public Service Public Facility/Improvement
 Economic Development Housing

BRIEF PROJECT DESCRIPTION:

Please provide a short description of your project/program (not your organization).

The RSVP free (except Philips Lifeline) Independent Living Programs to help keep low income seniors in their own homes are:

The Home Companion Program that utilizes volunteers to provide seniors with basic needs services; the subsidized Lifeline Program that provides an emergency telephone response security system for those seniors living alone; the Resistance Exercise Program that helps keep seniors active and prevents falls by building muscle strength and balance by providing light weights training; the escorted type Transportation Program that provides critical care trips to medical and dental appointments, essential shopping and socialization; the CARE Law Program that provides pro bono legal services for low-income seniors; the Respite Care Program whose trained volunteers relieve stressed 24/7 caregivers 2 times per week for 2 to 4 hours each time. These regular breaks provide lifesaving relief for these dedicated hardworking caregivers. In addition, RSVP volunteers serve Carson City's needy people through a variety of non-profit service organizations and government agencies. RSVP volunteer services include crime prevention, adult literacy tutoring, Medicare and Medicaid counseling, environmental surveys and education, hospital volunteer service, public museum docent services, library services for the community and homebound, computer assistance for the elderly and needy, veterans memorial services, homeless shelter and food bank services, USDA commodity foods distribution, free Senior Farmer's Market produce coupon distribution and many more.

All of RSVP services are free with the exception of the monthly monitoring fee for Philips Lifeline personal emergency response systems. The systems are installed and maintained by RSVP volunteers at no charge. We are able to keep the monthly monitoring fee to a minimum because of the high volume of clients RSVP is able to keep at home utilizing this technology. This is not a profit making program for RSVP but a proven method of giving frail, elderly homebound seniors the confidence they need that they will receive immediate assistance in an emergency and that they are able to remain in their homes.

I. PROJECT ELIGIBILITY

A. Check all statements that describe HOW this project/program meets one of Carson City's goals:

- A Safe and Secure Community
- A Healthy Community
- An Active and Engaged Community
- A Clean and Healthy Environment
- A Vibrant, Diverse and Sustainable Economy
- A Community Rich in History, Culture and the Arts
- A Community Dedicated to Excellence in Education
- A Physically and Socially Connected Community
- A Community Where Information is Available to All

B. For CDBG ONLY. This project/program meets at least ONE of the HUD national objectives listed below (please check all that apply)

- 1. Benefits low/moderate income individuals/households
- 2. Addresses the prevention or elimination of slums or blight
- 3. Meets a particularly urgent community development need

C. For CDBG ONLY. Check all statements that describe HOW this project/program meets one of the National Objectives above:

L/M Area Benefit: the project meets the identified needs of L/M income persons residing in an area where at least 51% of those residents are L/M income persons. The benefits of this type of activity are available to all persons in the area regardless of income. ***Examples:*** street improvements, water/sewer lines, neighborhood facilities, façade improvements in neighborhood commercial districts.

L/M Limited Clientele: the project benefits a specific group of people (rather than all the residents in a particular area), at least 51% of whom are L/M income persons. The following groups are presumed to be L/M: abused children, elderly persons, battered spouses, homeless, handicapped, illiterate persons. ***Examples:*** construction of a senior center, public services for the homeless, meals on wheels for elderly, construction of job training facilities for the handicapped.

L/M Housing: the project adds or improves permanent residential structures that will be occupied by L.M income households upon completion. Housing can be either owner or renter occupied units in either one family or multi-family structures. Rental units for L/M income persons must be occupied at affordable rents. ***Examples:*** acquisition of property for permanent housing, rehabilitation of permanent housing, conversion of non-residential structures into permanent housing.

L/M Jobs: the project creates or retains permanent jobs, at least 51% of which are taken by L/M income persons or considered to be available to L/M income persons. ***Examples:*** loans to pay for the expansion of a factory, assistance to a

business which has publicly announced its intention to close with resultant loss of jobs, a majority of which are held by L/M persons.

_____ **Microenterprise Assistance:** the project assists in the establishment of a microenterprise or assists persons developing a microenterprise. (A microenterprise is defined as having five or fewer employees, one or more of whom owns the business.) This activity must benefit low/moderate income persons, area or jobs as defined in previous sections.

_____ **Slum or Blighted Area:** the project is in a designated slum/blight area and the result of this project addresses one or more of the conditions that qualified the area.

_____ **Spot Blight:** the project will prevent or eliminate specific conditions of blight or physical decay outside a slum area. Activities are limited to clearance, historic preservation, rehabilitation of buildings, but only to the extent necessary to eliminate conditions detrimental to public health and safety. **Examples:** historic preservation of a public facility threatening public safety, demolition of a deteriorated, abandoned building.

C. Project/Program Category (check one):

Public Service (i.e., a new service or an **increase** in the level of service

_____ Public Facilities and Improvements (i.e., homeless shelter, water and sewer facilities, flood and drainage improvements, fire protection facilities/equipment, community, senior and health centers, parking, streets, curbs, gutters and sidewalks, parks and playgrounds).

_____ Acquisition of Real Property

_____ Disposition of Real Property (sale, lease or donation)

_____ Privately-Owned Utilities

_____ Relocation Payments and Assistance to Displaced Persons

_____ Removal of Architectural Barriers, Handicapped Accessibility

_____ Housing Rehabilitation

_____ Historic Preservation

_____ Commercial or Industrial Rehabilitation, including façade improvements and correction of code violations

_____ Special Economic Development or assistance to microenterprises

II. PROJECT DESCRIPTION

The Five-year Consolidated Plan identifies priority community development needs for Carson City (see Appendix II). The need for your proposed project will be determined by identifying how the project impacts upon the adopted Consolidated Plan Priority Needs. Greater consideration will be given to projects/programs that provide a clear description of the project/program with supporting data and methodology of how the project will meet these needs.

1. Describe the proposed project/program, including how the project/program will address the National Objective indicated (CDBG ONLY) and whether the project/program is new, ongoing, or expanded from previous years.

The RSVP Independent Living program is an expanded program that works to provide low-income seniors with the basic needs services that they need to remain independent and at home where they are happiest, healthiest and also to remain contributing members of the Carson City community. Trained senior citizen volunteers provide frail, homebound low-income seniors with the assistance they need such as human companionship and help with simple tasks.

1.) The Home Companion Program; utilizing trained volunteers to provide otherwise isolated seniors with companionship and emotional reassurance.

2.) The Transportation Program utilizes volunteers to provide escorted transportation for seniors to medical and dental appointments, to pick up prescriptions and essential shopping. This door to door escorted transportation service provides the critical emotional support and personal assistance during the entire trip that is so necessary for the frail and elderly as it enables them to get out of the house and access the vital services needed to remain at home and out of institutions as long as possible.

3.) Resistance Exercise Program keeps seniors strong and prevents falls which account for most broken bones. This is a system of exercise using light weights to build strength, stimulate the mind, build muscle mass, and to improve balance and range of motion which helps to prevent falls.

4.) The CARE Law Program provides pro bono legal services to lower income seniors in need of assistance with a variety of legal issues; including wills, estate planning, guardianships and much more.

5.) Respite (regular breaks from 24/7 care of loved ones) The Respite Care Program utilizes well trained volunteers to provide caregivers with relief from the sometimes overwhelming stress of caring for loved ones by providing time off two times per week for two to four hours at a time so they may enjoy this time to pursue their own needs without worrying about their loved one.

6.) The Lifeline Program is a personal emergency response system for seniors living alone and at risk of falls or may have a variety of medical issues which require immediate attention in an emergency. Or, if they are lonely or need to talk they can push their button and a Lifeline attendant is happy to chat. RSVP has the ONLY system that detects falls without the person falling doing anything.

7.) Volunteers distribute USDA Commodities to needy families every other month and on an annual basis, which they have done for 32 years; they also organize and operate the free Seniors Farmer's Market Coupon distribution program to low-income seniors in the community each spring so that they are able to purchase fresh vegetables and fruit. RSVP handles payments to farmers and all aspects of the program through State Purchasing.

In addition, RSVP recruits volunteers to serve Carson City residents through a variety of non-profit social service organizations such as, hospitals, libraries, museums, schools, and appropriate government agencies. RSVP volunteers are involved in adult literacy tutoring, environmental surveys, crime prevention programs, computer training and assistance for seniors and low income families, veterans' memorial services and much more.

2. If the proposed project/program already exists, please describe your success rates in providing services to low- to moderate-income persons:

RSVP's success rates are measured by the monthly time and activity reports required of each RSVP volunteer to submit for each senior they serve. Success is also measured by an annual survey that indicates that 85% of our clients are able to remain at home because of the assistance that our programs give them. They tell us that with our programs, they feel more confident and secure that they can remain at home rather than in an institution because we give them peace of mind and assistance with their basic needs. In addition to this high percentage of at-home success, 94% of caregivers surveyed on a bi-annual basis as to how our respite care helped indicated that their stress levels were significantly reduced and that they feel that they are healthier and have a better attitude and quality of life as a result of RSVP's intervention program of respite care.

3. Describe who will benefit from the proposed project/program.

Beneficiaries of this program are low income seniors and their family members who are in the very low, low and moderate income brackets in Carson City.

4. If your project is designed to serve a specific or limited clientele, please indicate the population you will be serving with your project/program:

Abused Children Illiterate Persons Homeless Persons
 Battered Spouses Elderly Severely Disabled Adults
 Migrant Farm Workers Other (Please explain)

5. For CDBG ONLY. If your project/program will not be serving one of the above limited clientele categories, explain how you will document client income and how you will document that at least 51% of your clientele will be low-to-moderate income:

Our program does serve a limited category clientele (elderly); however, we also track the income level of our clients using a client application which is completed during the client intake and at least 51% meet the criteria for very low/low/or moderate income utilizing the federal guidelines for poverty levels.

6. How will the funds be used on this project/program?

The funds will be used to recruit and provide high level training for additional volunteers to meet the needs of low-income seniors; to support the overall program funding requirements by providing community outreach to make seniors aware of our programs of assistance and that they are free of charge; to help to support volunteers with ongoing training and mileage reimbursement; to pay for a fraction of our out of pocket expenses such as required criminal background checks, licenses, volunteer insurance, mileage

reimbursement, respite volunteer stipends, Care Law attorney mileage and travel expenses, training materials, and staff to support the program, clients, and volunteers.

CARE Law Budget: Attorney Lora Myles spends 30% of her time providing pro bono legal services to Carson City seniors. She assisted 526 seniors in 2012. Based on 2012 expenses, RSVP is requesting approximately 20% of our costs (based on 2012 expenses) for Lora to provide these services in Carson City as follows:

Salary and benefits

Wi-Fi and Cell phone - Lora prepares documents on site with seniors.

Office Supplies – Lora’s office is in Carson City where she maintains all records.

Postage & Shipping - Most of Lora’s shipping is done from the Carson office.

Printing - Lora does all her copying in the Carson City office.

Dues – Lora is required by law to annually pay dues to American Bar and State Bar Associations, Elder Law, and attends required legal professional education courses.

Liability insurance – for Lora’s professional liability.

Other – RSVP owns and provides Lora with a vehicle for program objectives.

Program Budget: To support volunteers who provide basic needs services to low income, frail, homebound senior citizens in Carson City to assist them to remain independent and in their own homes thus avoiding costly premature institutionalization which Carson City would have to bear.

The budget reflects 10% of the total cost of supporting approximately 540 volunteers in Carson City who provide services to over 2,700 senior citizens.

7. Describe how your organization plans to reduce the need for grant funding in the future:

The RSVP Home Companion Program is a very cost effective and innovative 30 year old volunteer program which delivers a comprehensive support system, whose goal is to assist low-income and homebound seniors in Carson City to remain independent and in their own homes, thus preventing costly premature institutionalization. We continue to aggressively seek out new funding sources and diligently work to find new revenue to expand the program and we have increased our outreach to include the mines, private foundations and corporations; building on our annual fundraising activities, and working on an on-line donation program. Furthermore, we strive to educate our state legislators about the benefits of funding community based volunteer independent living programs and for support of non-profit agencies who provide care to seniors to help keep them live independently at home since not only is it the right thing to do; the cost of institutionalized care falls completely upon the counties if the client is indigent.

Remember that RSVP is only asking for 7% of support of a program that provides Carson City with services valued at \$657,565. (See FY 2012-2013 Annual Report for breakdown of services provided).

8. Could your organization use less than the amount of funds requested for the proposed project/program? Please explain.

Nevada has one of the fastest growing elderly populations of any state according to the 2010 U.S. Census Bureau which does not bode well for its seniors to have access to the health and independent living care they will require. A study by the University of Nevada Reno’s (UNR) Sanford Center for Aging noted that “the convergence of an

overburdened health care system, inadequate resources for seniors and the sheer number of aging 'baby boomers' (those born between 1946 and 1964) is setting the stage for an aging tsunami to hit Nevada." It is not just the rapid rise in numbers but also the poverty levels that continue to be a problem, with 26% of those in Nevada over 65 years of age under the federal poverty guidelines according to the 2010 U.S. Census Bureau.

With Carson City's senior population comprising almost 1/3 of its population and growing the demand for services from RSVP keep increasing at a tremendous rate, lesser funds impact our ability to assist those desperately in need of home services and seriously decrease the number of seniors we have been able to keep at home which has saved Carson City thousands and thousands of institutional dollars. Our request of \$45,000 reflects approximately 2/3's of the cost of institutionalization for one person for one year.

9. Are there other agencies or organizations that provide the same service as your organization? If so, how do you coordinate your services with that organization?

Not in Carson City. There are some for profit agencies that provide caregiver assistance; however, most are too expensive for seniors to utilize. There is some public transportation; however it does not provide the escorted service and emotional support given by volunteers to frail, homebound seniors who in most cases are not able to travel alone and navigate through complicated systems of travel and medical forms, etc. Nevada Legal Services (NLS) do provide some assistance; but not all that RSVP provides. However, the demand for legal services is so high many are turned away by NLS and seek help from RSVP's Care Law Program which is much more accessible to them at the RSVP office in Carson City.

10. What is the geographic target area that will be served by this project/program?

Target Area (specify geographic area) Carson City very low/moderate income elderly persons

OR

Community-wide

For Public Improvement (construction) Projects only

1. Is the proposed project part of a larger project or is it a stand-alone project? (If part of a larger project, please describe the entire project.)

2. Can this project be done in different phases? _____ Yes _____ No
If YES, explain.

3. Have CDBG or CSSG funds been used for an earlier phase? Yes No

4. Who currently holds title to the property involved?

5. With whom will title be vested upon completion?

6. Do any rights-of-way, easements or other access rights need to be acquired?

Yes No N/A

7. If the project requires water rights or well permits, have they been acquired?

Yes No N/A

For CDBG Economic Development projects only:

1. Identify the proposed employers that will be assisted with this project; (b) describe how they will comply with the requirement that at least 51% of the permanent full-time jobs created are either held by or made available to LMI persons; and (c) explain how they will document the jobs created and the income levels of the persons hired.

For CDBG Housing Projects please indicate:

The number of homes to be rehabilitated:

The number of persons to be benefited:

III. PROJECT MEASUREMENT

Carson City has implemented a Performance and Outcome Measurement System into the application and grant/project administration process. When completing this section, keep in mind that **outputs** are specific descriptions of what your project is intended to accomplish (such as serve a total of 20 clients) and **outcomes** are the benefits or changes that result from the program (such as how well the service met the client needs).

1. What are the projected **outputs**, or total number of people served, from this program/project?

RSVP will assist 3,200 very low to moderate income elderly persons and their caregivers/loved ones to remain independent and in their own homes. The average cost of institutionalization for one person is \$75,000 per year; our request for funding is less than 2/3's of the cost of institutionalization for one person and will help to keep 3,200 seniors at home.

2. Of the total number of people in Question 1, how many of these are low-to-moderate income (LMI)? How many are Carson City residents?

At least 51%. 3,200.

3. What is the projected **outcome** of this program/project? (How will the outputs benefit the total number of people in Question 1?)

Utilizing RSVP programs, seniors and caregiver loved ones and families will be able to remain in their own homes, living out their lives with dignity rather than having to be prematurely institutionalized which seniors fear more than death, at great cost to the community for long term care.

4. What procedures will be put into effect to create, compile and maintain data to track performance measurement for this program/project?

RSVP utilizes two data base systems; the Volunteer Reporter (VR) which tracks monthly volunteer hours and activities, and the Social Assistance Management System (SAMS) which we utilize to track all senior client information and services rendered on a monthly basis. RSVP conducts a client survey biannually as well as conducting ongoing assessments from feedback from volunteers with follow up by RSVP staff to assess if the needs of the client have changed and a new service plan needs to be implemented. The volunteers are surveyed annually to assure that they are content with their assignments, made aware of other volunteer opportunities that are available, informed about training opportunities and annual elder abuse awareness training, and informed about any other pertinent information and requirements that are implemented.

IV. PROJECT BUDGET

Complete the Budget Summary chart. More detailed budgets may be attached in support of the proposal. Identify sources of leveraged funding for the activity. Include the status of these funds (i.e. cash on hand, grants received, planned fund-raising, etc.) Attach copies of funding commitment letters or other evidence of funding support.

Project/Program Title: CARELaw	Funds Requested	Leveraged Funds	Total Funds
Project/Program Expenses FY 2013-14			
Salaries and Benefits	4000	22025	26025
Rent and Utilities			
Mortgage			
Equipment-WiFi, Cell Phone	250	2000	2250
Equipment Maintenance & Repair			
Office Supplies	1490	960	2450
Operating Supplies			
Postage and Shipping	1220	240	1460
Printing and Publications	260	170	430
Advertising and Promotion			
Subscriptions and Dues-CLE, Bar Associations	1025	775	2000
Liability/Other Insurance	480	500	980
Professional Fees			
Other project costs: RSVP owned vehicle	1275	10000	11275
Lodging and meals		3130	3130
TOTALS	10000	40000	50000

IV. PROJECT BUDGET

Complete the Budget Summary chart. More detailed budgets may be attached in support of the proposal. Identify sources of leveraged funding for the activity. Include the status of these funds (i.e. cash on hand, grants received, planned fund-raising, etc.) Attach copies of funding commitment letters or other evidence of funding support.

Project/Program Title: Home Companion, Lifeline, Transportation, Respite, Volunteer, USDA, Farmers Market, Resistance Exercise	Funds Requested	Leveraged Funds	Total Funds
Project/Program Expenses FY 2013-14			
Salaries and Benefits	3000	176203	179203
Rent and Utilities	3800		3800
Mortgage			
Equipment			
Equipment Maintenance & Repair	5500	21366	26866
Office Supplies	4360	4000	8360
Operating Supplies	5168	46512	51680
Postage and Shipping	2000	2750	4750
Printing and Publications	1900	1900	3800
Advertising and Promotion	456	4104	4560
Subscriptions and Dues	190	1710	1900
Liability/Other Insurance	2500	2630	5130
Professional Fees	902	8114	9016
Other project costs: (Specify Below)	5224	45711	50935
Volunteer background checks, insurance,			
Mileage, Training			
	35000	315000	350000
TOTALS	35000	315457	350457

V. PROJECT ADMINISTRATION

A. Provide the names, phone numbers and e-mails of the following people. (There may be more than one person responsible in each category. If the specific individual is not known, please give a job title):

1. The person to whom all questions regarding the application should be directed:

Janice R. Ayres, Executive Director & C.E.O., (775) 687-4680 x 2
branded@rsvp.carson-city.nv.us

Susan Haas, Director of Development, (775) 687-4680 x 4 shaas@rsvp.carson-city.nv.us

2. The person directly responsible for on-site supervision of the project/program, such as a project manager:

Tannis Causey, Program Director, (775) 687-4680 x 7 tcausey@rsvp.carson-city.nv.us

3. The person responsible for the financial management of the project/program, including preparation, review and approval of reimbursement requests:

Donna Dorris, Controller, (775) 687-4680 x 5 ddorris@rsvp.carson-city.nv.us

4. Please list the name, address, phone number and e-mail of the person responsible for preparing the quarterly reports and tracking the performance on this program/project.

Tannis Causey, 2621 Northgate Lane, Ste. 6 Carson City, NV 89706
(775) 687-4680 x 7 tcausey@rsvp.carson-city.nv.us


VI. AGENCY INFORMATION


1. Proof of non-profit status for private agencies (governmental entities and schools are exempt):

Date of incorporation	July 16, 1992
Date of IRS certification	June 18, 1992
Tax exempt number	94-3164032

2. DUNS Number: 06-786-7080
 For information on DUNS, go to: <http://www.ccr.gov/pdfs/DUNSGuideGovVendors.pdf>
3. Attach the following to each copy of the Proposal for Funding:
- a. IRS Tax Exempt "501(c)(3)" letter.
 - b. Proof of incorporation from Secretary of State (CERTIFICATE ONLY)
 - c. Current organization chart with names of staff members. Staff members may not serve as a Board Member of the agency they work for.
 - d. List of current Board of Directors and terms of office. If a member of your Board of Directors is in a position to obtain a financial benefit or interest from your proposed project, you may be ineligible for CDBG funds (See 24 CFR 570.611).
 - e. *For all 501(c)(3) non-profit organizations:* a copy of the organization's most recently submitted Federal Tax Return (Form 990 or 990EX). Governmental bodies and schools are exempt from this requirement.
4. Required Certification (see instructions):

Applicant certifies that to the best of his/her knowledge, all information submitted as part of this application is true. Applicant will comply with all grant and contract requirements if funding is approved.

 Signature of Authorized Official	Date 1/15/13
Janice R. Ayres, Executive Director & C.E.O. Typed Name and Title of Authorized Official	(775) 687-4680 x 2 Phone Number

 Signature of President of Board of Directors	Date 1/15/13
Jerry Thurman Typed Name of President of Board of Directors	(775) 882-9537 Phone Number

Annual Report
For Community Support Services Funding
Fiscal Year 2012-2013

Name of Organization: Nevada Rural Counties RSVP Program

Program/Project: Senior Independent Living Programs

Amount of Funds Received \$40,000

Contact Person: Janice R. Ayres

Mailing Address: 2621 Northgate Lane, Ste. 6

City: Carson City State: Nevada Zip Code: 89706

Phone Number: (775) 687-4680 x 2 E-mail: branded@rsvp.carson-city.nv.us

Date Submitted: January 18, 2013

1. Please attach a final financial income and expense statement that specifically explains how grant funds were used, including a comparison between your budgeted and your actual incomes and expenses. (See attached).

2. Evaluate your achievement of the measurable outcomes listed in your application:

Very low income, homebound, frail seniors were able to remain independent and in their own homes, thus preventing costly premature institutionalization for City of Carson City to bear the cost. In addition, RSVP volunteers provided critical volunteer manpower for forty-three (43) other social services, non-profit, and government agencies to ensure their vital services were available to the needy residents of Carson City.

3. Approximately how many people benefitted from your project? How many of those people were Carson City residents? What were some of the individual benefits?

For the grant period RSVP volunteers served:

187 clients received 6,790 hours of Home Companion services valued at \$20. Per hour for a value of = \$135,000

97 Lifeline units for low income homebound clients were maintained at home, installations and repairs @ \$50 each, a value of: \$4,850

185 seniors received 2,479 rides for medical and dental appointments valued @ \$5 per ride for a value of: \$12,395

50 seniors received Resistance Training Exercise classes 3 x per week x 52 weeks @ \$5 per class for a value of: \$39,000

74 caregivers and clients received 6,564 hours of Respite and support services worth \$20 per hour for a value of \$131,000

509 seniors received \$30 coupon books to redeem at the local Farmers Market for fresh fruit and vegetables valued at: \$15,270

1,028 residents received USDA Commodity Foods distributed by RSVP volunteers to local needy families which was 73,806 lbs valued at \$2.60 per lb: \$191,896

616 seniors received 445 hours of pro-bono legal services from RSVP's Care Law attorney valued at \$300 per hour: \$133,000

Listed below are the just some of the Carson City agencies who have benefitted from the work that RSVP volunteers have provided for over 40 years: The Brewery Arts Center, Cared 4 Seconds, Carson Aquatic Facility, Carson City Animal Services, Carson City Community Center, Carson City Fire Department, Carson City Juvenile Detention, Carson City Library, Carson City Literacy Volunteers, Carson City Sherriff's Office, Carson-Tahoe Regional Medical Center, CASA of Carson City, Foster Kids Closet, CC Literacy Volunteers for Children, Children's Museum, Computer Corps, FISH, Fritsch Elementary School, Lone Mountain Cemetery, MADD, Nevada Department of Tourism and Cultural Affairs, LCB, Nevada Magazine, Nevada State Museum, NN Railway Foundation, NV State Railroad Museum, OARC Ormsby, Partnership Carson City, Senior Service Network, Silver State Charter High School, and Western Nevada College.

All recipients of services are Carson City residents. RSVP Volunteers have greatly assisted community social service agencies and low income seniors have received basic needs services which enabled them to remain at home where they are healthiest and happiest, to live out their lives with dignity, thus avoiding premature costly institutionalization which they fear more than death and which would be Carson City's financial obligation, not the states.

4. What specific community benefit did your project provide Carson City?

2,746 Carson City needy residents received direct services from RSVP programs (listed above) valued at: \$657,565.

Additionally, 392 RSVP volunteers provided 60,402 hours of volunteer service to Carson City volunteer stations for which the Independent Sector places a value of \$21.79 per hour for volunteer services; therefore, these volunteers gave Carson City a gift of \$1,316,159.

RSVP programs assist clients and volunteers as well as the community to realize a better quality of life and exhibits a culture of volunteerism and civic engagement for all citizens which is beneficial to Carson City and is a model for other cities and the state to emulate.

5. Will this program/project be reoccurring? How do you anticipate funding the project in the future?

Yes, with your assistance we anticipate that our programs of assistance to Carson City needy residents will continue and grow in proportion to the city's senior population's growth. As of the 2010 census, out of a Carson City population of 55,274, almost 17,000 are seniors (30.3%). RSVP has a 40 year history of excellent service to Carson City's needy and our programs have operated since 1973. We continue to provide programs of the highest quality to assist seniors to remain independent and at home for as long as possible and strive for future sustainability by working to maintain current sources of funding such the State of Nevada Aging and Disability Services, Corporation for National and Community Service, United Way of Northern Nevada and the Sierras, private foundations and businesses as well as fundraising events such as the three family fairs (Mother's Day, July 4th and Nevada Days) held in Mills Park each year. The proceeds from the fairs go directly towards RSVP's Carson City senior programs and also provide a quality special event for Carson City that is affordable and entertaining. Without RSVP there would be no fireworks on 4th of July and until RSVP brought in a carnival/exhibitors/entertainment for a 4 day Nevada Day Celebration, people only came for one and left.

6. Describe any challenges that impacted your program.

Federal earmarks were cut off for all programs and there is no date set for their return; 3, therefore, we did not receive the generous grants we realized from previous years for RSVP Programs such as Respite Care and CARE Law. The second year of the biennium yielded flat resources for RSVP from the State since the Nevada Legislature took money from the Tobacco Settlement Independent Living funds to help the State's general fund deficit. This hurt RSVP Programs. The Corporation for National and Community Service (CNCS) had budget cuts of \$13 million for RSVP and were forced to cut RSVP programs across the board by 20%. These cuts collectively resulted in a 30% overall decrease in the amount of funding that RSVP received in 2011. The economy has rallied to some extent; however, the growing senior population and accelerating needs of these low income seniors in Carson City continues to stress our financial ability to serve these frail, homebound seniors. Requests for more volunteers to assist community agencies have increased so substantially that some RSVP volunteers serving many requests for caregivers find themselves in the position of now being in need of services for themselves because of exhaustion.

Since the shift of responsibility of long term care from the state to counties in the last session of the Legislature; keeping seniors at home and out of costly institutions has become more important than ever - and arguably, should be a top priority for Carson City since the minimum cost of institutionalization for one person per year is approximately \$75,000. We can keep a senior at home for a mere fraction or about \$750. per senior. The funding requested for RSVP makes sound fiscal sense and is essential for continued services for frail, homebound low income seniors in Carson City to remain at home.

Nevada Rural Counties RSVP Program, Inc.
Profit & Loss
July 1, 2012 through January 8, 2013

	<u>Jul 1, '12 - Jan 8, 13</u>
Ordinary Income/Expense	
Income	
4600 · Home Companion Respite Program	4,961.00
Transportation Donations	2,268.57
4030 · Contributions Income	5,831.33
4040 · Donated Professional services	11,114.30
4110 · Grants	392,375.21
4150 · Miscellaneous Income	65.49
4170 · Program Rev	165,276.10
4700 · Fundraising Rev	38,822.50
4903 · United Way of Northern Nevada	8,611.01
4913 · United Way of the Great Basin	67.31
4904 · Volunteer Expense Reimbursement	315.00
Total Income	<u>629,707.82</u>
Gross Profit	629,707.82
Expense	
6260 · Grant Pass Through Costs	15,627.00
5489 · CARELaw client direct expenses	-45.17
6660 · Cache Pension Services	1,748.36
5300 · Program Expenses	512,178.12
5492 · US Food Distribution	110,747.21
5600 · Fundraising	22,334.54
Total Expense	<u>662,590.06</u>
Net Ordinary Income	-32,882.24
Other Income/Expense	
Other Income	
7301 · Other revenue/expense	455.00
Total Other Income	<u>455.00</u>
Net Other Income	455.00
Net Income	<u><u>-32,427.24</u></u>

**RSVP PROJECT BUDGET FOR CARSON CITY
2011-2012 PROJECTED**

Revenues	Revenue Amount
Carson City Grant	\$ 35,000
Spring Fun Fair (May 2011)	\$ 15,000
July 4th Fair (July 2011)	\$ 13,000
Nevada Day Celebration (October 2011)	\$ 10,000
Administration on Aging (# of volunteers in Carson)	\$ 32,300
Corporation for National Service (federal)	\$ 62,765
Proportionate percentage based on # of volunteers in Carson County	
Aging Services (Based on # of volunteers/clients involved)	\$ 137,948
United Way (Based on # of volunteers/clients involved)	\$ 3,856
Transportation donations	\$ 2,500
Lifeline Revenues	\$ 32,400
CARE Law Donations	\$ 2,500
Total Revenues	\$ 347,269
 EXPENSES	Expense Amount
Volunteer Expenses:	
Overall cost per volunteer to place in a social service is \$1033/year. This includes Awards/Recognition, out-of-pocket reimbursement & insurance	
435 volunteers @ \$1033*	\$ 449,355
Fair expenses (staff, advertising, fireworks, etc.)	\$ 41,676
Lifeline Expenses	\$ 38,000
Total Expenses	\$ 529,031
 Total Loss (Revenue - Expenses)	\$ (181,762)

*Cost per volunteer to be put in service is calculated by the Corporation for National and Community Service based on budget and number of volunteers in the program.

**RSVP PROJECT BUDGET FOR CARSON CITY
2011-12 ACTUAL**

Revenues	Revenue Amount
Carson City Grant	\$ 35,000
Spring Fun Fair (May 2011)	\$ 14,068
July 4th Fair (July 2011)	\$ 17,325
Nevada Day Celebration (October 2011)	\$ 12,187
Administration on Aging (# of volunteers in Carson) Corporation for National Service (federal)	\$ 48,600
Proportionate percentage based on # of volunteers in Carson County - 36% - 452 of 1250	\$ 53,160
Aging Services (Based on # of volunteers)	\$ 141,652
United Way (Based on # of volunteers)	\$ 4,643
Transportation donations	\$ 2,383
Lifeline Revenue (90 in Carson City)	\$ 32,400
CDBG	\$ 7,500
CARE Law Donations	\$ 4,896
Total Revenues	\$ 373,814
 EXPENSES	Expense Amount
Volunteer Expenses: Overall cost per volunteer to place in a social service is \$1033/year. This includes Awards/Recognition, out-of-pocket reimbursement, background checks & insurance for 452 volunteers @ \$1033*	\$ 466,916
Fair expenses (staff, advertising, fireworks, etc.)	\$ 38,349
Lifeline costs	\$ 33,380
Total Expenses	\$ 538,645
 Total Loss (Revenue - Expenses)	\$ (164,831)

**452 Volunteers served in Carson City
49,508 hours @ \$21.36 = \$1,057,491**

*Cost per volunteer to be put in service is calculated by the Corporation for National & Community Service based on budget and number of volunteers supported by the program.