

**City of Carson City
Agenda Report**

Date Submitted: June 7, 2013

Agenda Date Requested: July 3, 2013

Time Requested: 10 Minutes

To: Carson City Board of Health

From: Health & Human Services (Cortney Bloomer)

Subject Title: Presentation and discussion only on the Safe Routes to Schools and Bike Month activities by Western Regional Safe Routes to Schools Coordinator Cortney.

Staff Summary: This is an opportunity to inform the Board of Health of the goals and objectives for the Safe Routes to School (SRTS) program. Staff will also outline current (SRTS) projects and activities. Safe Routes to Schools is a national program that combines education and encouragement with other strategies to create a safe environment for children to walk, bike, or use other active transportation methods, like scooters or skateboards to get to and from school. Safe Routes to Schools aims to bring the many benefits of walking or riding to school to Carson City and surrounding communities.

Type of Action Requested: (check one)

☐ Resolution

☐ Ordinance

☐ Formal Action/Motion

☒ Other (Specify) Information Only

Does This Action Require A Business Impact Statement: ☐ Yes ☒ No

Recommended Board Action: Presentation and discussion only

Explanation for Recommended Board Action: This is a presentation only and no action is required.

Applicable Statue, Code, Policy, Rule or Regulation: N/A

Fiscal Impact: N/A

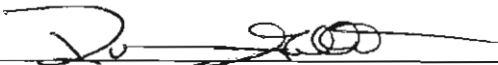
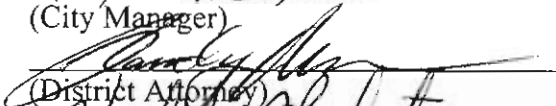
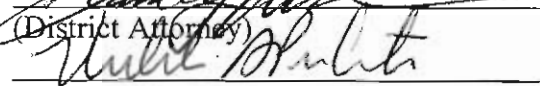
Explanation of Impact: N/A

Funding Source: N/A

Alternatives:

Supporting Material: Survey and letter of thank you

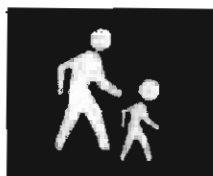
Prepared By: Romaine Gilliland

Reviewed By:  Date: 6/25/13
(Department Head)
Marena A. Wicks Date: 6/25/13
(City Manager)
 Date: 6/25/13
(District Attorney)
 Date: 6/25/13
(Finance Director)

Board Action Taken:

Motion: _____ 1) _____ Aye/Nay
2) _____

(Vote Recorded By)



Western Nevada Safe Routes to Schools

Carson City • Douglas County • Lyon County • Storey County

Feb. 5, 2013

Dear Parent,

Carson City School District and Carson City Health and Human Services are excited to offer an important program for students: Safe Routes to Schools.

Safe Routes to Schools is a national program that combines education and encouragement with other strategies to create a safe environment for children to walk, bike, or use other active transportation methods, like scooters or skateboards, to get to and from school.

Walking and biking provide a healthy and fun alternative to being driven to school. The Safe Routes to Schools program aims to make sure children and families have the knowledge and confidence to include walking or riding to school as part of their routine.

Safe Routes to Schools can be customized to fit the needs of children and families at your school. It has been used in schools across the United States – in small towns, large cities, and in rural communities – and it can work at your school, too. Your input is important to making this program the best it can be! **Please fill out the attached survey and return it to school with your student.** Your answers will be important to helping us create a safer environment for all the students at your child's school.

There are many benefits of walking or riding to school: reduced traffic congestion around the school, increased physical activity for students, a stronger sense of community, improved academic achievement, and more. SRTS aims to bring all of these benefits to Carson City!

Please do not hesitate to call me if you have questions about the program.

Sincerely,

Cortney Bloomer

Western Nevada Safe Routes to Schools Coordinator

Parent Survey About Walking and Biking to School

Dear Parent or Caregiver,

Your child's school wants to learn your thoughts about children walking and biking to school. This survey will take about 5 - 10 minutes to complete. We ask that each family complete only one survey per school your children attend. If more than one child from a school brings a survey home, please fill out the survey for the child with the next birthday from today's date.

After you have completed this survey, send it back to the school with your child or give it to the teacher. Your responses will be kept confidential and neither your name nor your child's name will be associated with any results.

Thank you for participating in this survey!

+ CAPITAL LETTERS ONLY - BLUE OR BLACK INK ONLY

School Name:

1. What is the grade of the child who brought home this survey? Grade (PK,K,1,2,3...)
2. Is the child who brought home this survey male or female? ☐ Male ☐ Female
3. How many children do you have in Kindergarten through 8th grade?

4. What is the street intersection nearest your home? (Provide the names of two intersecting streets)

and

Place a clear "X" inside box. If you make a mistake, fill the entire box, and then mark the correct box.

- 5. How far does your child live from school?**

- ☐ Less than ¼ mile ☐ ½ mile up to 1 mile ☐ More than 2 miles
- ☐ ¼ mile up to ½ mile ☐ 1 mile up to 2 miles ☐ Don't know

Place a clear 'X' inside box. If you make a mistake, fill the entire box, and then mark the correct box.

6. On most days, how does your child arrive and leave for school? (Select one choice per column, mark box with X)

Arrive at school

- ☐ Walk
- ☐ Bike
- ☐ School Bus
- ☐ Family vehicle (only children in your family)
- ☐ Carpool (Children from other families)
- ☐ Transit (city bus, subway, etc.)
- ☐ Other (skateboard, scooter, inline skates, etc.)

Leave from school

- ☐ Walk
- ☐ Bike
- ☐ School Bus
- ☐ Family vehicle (only children in your family)
- ☐ Carpool (Children from other families)
- ☐ Transit (city bus, subway, etc.)
- ☐ Other (skateboard, scooter, inline skates, etc.)

+ Place a clear 'X' inside box. If you make a mistake, fill the entire box, and then mark the correct box

- 7. How long does it normally take your child to get to/from school? (Select one choice per column, mark box with X)**

Travel time to school

- ☐ Less than 5 minutes
- ☐ 5 – 10 minutes
- ☐ 11 – 20 minutes
- ☐ More than 20 minutes
- ☐ Don't know / Not sure

Travel time from school

- ☐ Less than 5 minutes
- ☐ 5 – 10 minutes
- ☐ 11 – 20 minutes
- ☐ More than 20 minutes
- ☐ Don't know / Not sure

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8. Has your child asked you for permission to walk or bike to/from school in the last year? ☐ Yes ☐ No

9. At what grade would you allow your child to walk or bike to/from school without an adult?

(Select a grade between PK,K,1,2,3...) grade (or) ☐ I would not feel comfortable at any grade

Place a clear 'X' inside box. If you make a mistake, fill the entire box, and then mark the correct box

10. What of the following issues affected your decision to allow, or not allow, your child to walk or bike to/from school? (Select ALL that apply)

11. Would you probably let your child walk or bike to/from school if this problem were changed or improved? (Select one choice per line, mark box with X)

- | | | | |
|---|------------------------------|-----------------------------|-----------------------------------|
| ☐ Distance..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Convenience of driving..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Time..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Child's before or after-school activities..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Speed of traffic along route..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Amount of traffic along route..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Adults to walk or bike with..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Sidewalks or pathways..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Safety of intersections and crossings..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Crossing guards..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Violence or crime..... | ☐ Yes | ☐ No | ☐ Not Sure |
| ☐ Weather or climate..... | ☐ Yes | ☐ No | ☐ Not Sure |

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Place a clear 'X' inside box. If you make a mistake, fill the entire box, and then mark the correct box

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12. In your opinion, how much does your child's school encourage or discourage walking and biking to/from school?

- ☐ Strongly Encourages ☐ Encourages ☐ Neither ☐ Discourages ☐ Strongly Discourages

13. How much fun is walking or biking to/from school for your child?

- ☐ Very Fun ☐ Fun ☐ Neutral ☐ Boring ☐ Very Boring

14. How healthy is walking or biking to/from school for your child?

- ☐ Very Healthy ☐ Healthy ☐ Neutral ☐ Unhealthy ☐ Very Unhealthy

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Place a clear 'X' inside box. If you make a mistake, fill the entire box, and then mark the correct box

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15. What is the highest grade or year of school you completed?

- | | |
|---|--|
| ☐ Grades 1 through 8 (Elementary) | ☐ College 1 to 3 years (Some college or technical school) |
| ☐ Grades 9 through 11 (Some high school) | ☐ College 4 years or more (College graduate) |
| ☐ Grade 12 or GED (High school graduate) | ☐ Prefer not to answer |

16. Please provide any additional comments below.



Citizens for a Walkable
and Bikeable Carson City

PO Box 2402 Carson City, NV 89702
Musclepowered.org

June 3, 2013

TO: Nevada Appeal

Muscle Powered, Citizens for a Walkable and Bikeable Carson City, would like to thank all of the sponsors and participants in our recent Bike Month events – our “celebrity ride,” cruiser ride, Vietnam Vet’s ride, Corporate Challenge, Bike to Work Day, and our wrap up party on May 18. Our sponsors (over 25) are too numerous to mention here, but they provided cash and/or prizes for our events. We appreciate their generosity in supporting Bike Month.

And remember, just because Bike Month is over, you don’t have to stop cycling.

Donna Inversin
President, Muscle Powered

cc: sponsors

*Miss Bloomer –
You were a great help
all through Bike Month,
especially The Wrap-up party.
Lee & Kelly*