

PROCLAMATION

Nevada Moves Day

WHEREAS, walking and bicycling to school provides children with the opportunity to have fun while developing lifelong healthy habits and safety skills; and

WHEREAS, reducing the number of vehicles driving students to school results in increased safety, reduced traffic congestion, improved air quality, and less fuel consumption in the vicinity of schools; and

WHEREAS, the benefits related to physical activity at an early age play a leading role in reducing rates of heart disease, diabetes and other obesity related health problems among children; and

WHEREAS, children walking and bicycling to school together with parents and caregivers opens opportunities to mentor children about pedestrian and bicycle safety and its benefits related to health and the environment; and

WHEREAS, adequate physical activity, like bicycling and walking, has been shown to lead to improvement children's academic achievement; and

WHEREAS, children, parents and community leaders around Nevada are joining together to walk and bicycle to school on "Nevada Moves Day", on March 18, 2015;

NOW, THEREFORE, I, Robert Crowell, Mayor of Carson City, Nevada, proclaim Wednesday, March 18, 2015 as "Nevada Moves Day" in Carson City and encourage citizens to be active and to walk or bicycle their children to school while celebrating the benefits of increased safety and health, this day and throughout the year.



Dated this 5th day March 2015.


Robert L. Crowell, Mayor