

**Carson City
Agenda Report**

Date Submitted: March 24, 2015

Agenda Date Requested: April 2, 2015
Time Requested: 15 minutes

To: Carson City Board of Health

From: Health and Human Services (Nicki Aaker)

Subject Title: Discussion Only: Present and discuss the quality improvement project conducted within the Chronic Disease Prevention and Health Promotion Division to improve the Promoting Health Among Teens registration process. (*Valerie Cauhape*)

Staff Summary: Carson City Health and Human Services' (CCHHS) has a quality improvement plan. The mission of the plan is to continuously improve the quality of our programs, processes, and services so that the department may provide high-performing services which best fulfill the needs of the clients and improve the quality of life within the community.

Type of Action Requested: (check one)

Resolution

Ordinance

Formal Action/Motion

Other (Specify) Information Only

Does This Action Require A Business Impact Statement: Yes No

Recommended Board Action: Presentation and discussion only

Explanation for Recommended Board Action: N/A

Applicable Statute, Code, Policy, Rule or Regulation: N/A

Fiscal Impact: No General Fund Impact

Explanation of Impact: N/A

Funding Source: N/A

Alternatives: N/A

Supporting Material: PowerPoint – CCHHS Quality Improvement Project – Promoting Health Among Teens, Registration Form/Process, June 2013 – May 2014

Prepared By: Nicki Aaker, MSN, MPH, RN

Reviewed By: M. Aaker
(Department Head)
Nicholas Miranda
(City Manager)
Joseph L. Ward Jr.
(District Attorney)
Michael A. White
(Finance Director)


Date: 3/24/15
Date: 3/24/15
Date: 3/24/15
Date: 3/24/15

Board Action Taken:

Motion: _____

1) _____	Aye/Nay
2) _____	_____


(Vote Recorded By)



AHEP
Adolescent Health Education Programs

Quality Improvement Project


Promoting Health Among Teens
Registration Form /Process
June 2013 – May 2014



AHEP
Adolescent Health Education Programs



Background

“ As the AHEP classes increased, staff were facilitating multiple sessions simultaneously. Participants registered without identifying specific sessions and class dates. This created confusion. The purpose of the QI project was to streamline the registration process, and eliminate confusion. ”



Background

June 2013 Permission Slip

Promoting Health Among Teens (PHAT) – Abstinence Only Intervention Permission Slip

This permission slip must be completed and returned to the program facilitator before the beginning of the program. If the permission slip has not been turned in, the youth will not be allowed to participate. Questions? Call Valerie at (775) 263-7900


Youth's Name _____ Phone _____
 Date of Birth ____/____/____ Age _____ Gender _____
 Race (circle one) Asian Black Hispanic Native American
 Native Hawaiian White Other

Mailing Address _____
 City _____ State _____ Zip _____ County _____

The PHAT – Abstinence Only Intervention has been brought to Carson City Health and Human Services to encourage youth in our community to remain or become abstinent as a means of preventing teen pregnancy. Even with improvements in reproductive health care, abstinence is the only 100% effective method of preventing pregnancy and the spread of diseases such as STIs and HIV. There are many topics that will be discussed in this program that can be a sensitive subject for many families. We want you to know exactly what participants are going to be learning about ahead of time. Topics include:

- Changes to the body during puberty
- Anatomy of the male and female reproductive systems (diagrams and naming)
- Clinical definitions of abstinence, oral sex, vaginal sex, and anal sex in the context of pregnancy and the transmission of STD's, including HIV
 - Note: there are absolutely no diagrams, photos, film or other media depicting the above sexual acts in the PHAT program.

On average 1-2 incidents of confusion per session



Changes Made July 2013

“ A Text Box was added to the registration form and labeled “For Office Use Only” to designate the specific class session and class dates.”



AHEP
Adolescent Health Education Program

Changes Made

Implemented July 2013




Session # _____ For Office Use Only: _____ Facilitator: _____
 Session Date: _____ Class Age Group: _____
 Location: _____

Promoting Health Amongst Teens (PHAT) – Abstinence Only Intervention
Permission Slip

This permission slip must be completed and returned to the program facilitator before the beginning of the program. If the permission slip is returned the day of the class, the parent or guardian is requested to place a call reconfirming the program that the child will be in attendance. If the permission slip has not been turned in, the youth will not be allowed to participate.

Questions? Call Valerie at (775) 263-7000

Youth's Name _____ Phone _____
 Date of Birth ____/____/____ Age _____ Gender _____
 Race (circle one): Asian Black Hispanic Native American
 Native Hawaiian White Other _____
 Mailing Address _____
 City _____ State _____ Zip _____ County _____

The PHAT – Abstinence Only intervention has been brought to Carson City Health and Human Services to encourage youth in our community to remain or become abstinent as a means of preventing teen pregnancy. Even with improvements in reproductive health care, abstinence is the only 100% effective method of preventing pregnancy and the spread of diseases such as STD's and HIV. There are many topics that will be discussed in this program that can be a sensitive subject for many families. We want you to know exactly what participants are going to be learning about ahead of time. Topics include:


- Changes to the body during puberty
- Anatomy of the male and female reproductive systems (diagrams and naming)



AHEP
Adolescent Health Education Program

Post-Implementation Check #1 August 2013


“ As of August 2013, Incidence of confusion had not decreased. Why? What to do?”



AHEP
Adolescent Health Education Program

Further Changes Made


“ Staff analyzed the problem and realized that the class session and dates were not identified on the form prior to dispersing to partner agencies”



AHEP
Adolescent Health Education Program

Further Changes Made

Implemented September 2013

For (after) Use (only)

Session # 25 Facilitator _____

Session Dates: Tue & Thurs On 11 - Nov 5, 2013 Class Age Group: 8-12

Location: Boys and Girls Clubs of Western Nevada Carson Valley Branch

Promote Health Among Teens (PHAT) – Abstinence Only Intervention
Permission Slip

This permission slip must be completed and returned to the Program Director before the beginning of the program. If the permission slip is returned the day of the class, the parent or guardian is requested to place a call informing the program that the child will be in attendance. If the permission slip has not been turned in, the youth will not be allowed to participate.

Questions? Call Julie Dalton (775) 443-7642

Youth's Name _____ Phone _____

Date of Birth: / / Age Gender

Race (circle one): Asian Black Hispanic Native American
Native Hawaiian White Other


Mailing Address: _____

City _____ State _____ Zip _____ County _____

The PHAT – Abstinence Only Intervention has been brought to Carson City Health and Human Services to encourage youth in our community to remain or become abstinent as a means of preventing teen pregnancy. Even with improvements in reproductive health care, abstinence is the only 100% effective method of preventing pregnancy and the spread of diseases such as STD's and HIV. There are many topics that will be discussed in this program that can be a sensitive subject for many families. We want you to know exactly what participants are going to be learning about ahead of time. Topics include:

- Changes to the body during puberty
- Anatomy of the male and female reproductive systems (diagrams and naming)


Form is completed prior to mailing or delivering to partner agencies.



AHEP
Assessment Health Education Programs

**Post-Implementation
Check #2 January 2014**

“ No further incidents of confusion had occurred.”



AHEP
Assessment Health Education Programs

**Post-Implementation
Check #3 May 2014**

“ The program has had *ZERO* occurrences since the implementation of completing the class session and dates on registration forms prior to delivery to partner agencies. Staff agreed that the QI project can be closed and viewed successful.

