



STAFF REPORT

Report To: Board of Health

Meeting Date: November 1, 2018

Staff Contact: Nicki Aaker (naaker@carson.org)

Agenda Title: For Possible Action: Presentation, discussion, and possible action to accept the biannual report that is required by Contract #1718-118 between Carson City and Vitality Unlimited.

Staff Summary: As part of the services agreement between Carson City and Vitality Unlimited, Vitality Unlimited agreed to provide a biannual report to the Carson City Board of Health containing certain information and statistical data concerning the services provided under the contract. Staff and Vitality Unlimited is seeking critical feedback from the Board relating to the biannual report and the services being provided.

Agenda Action: Formal Action/Motion

Time Requested: 10 minutes

Proposed Motion

I move to accept Vitality Unlimited's report as presented.

Board's Strategic Goal

Quality of Life

Previous Action

N/A

Background/Issues & Analysis

The report is being presented to the Board of Health as required by services contract #1718-118, approved by the Board of Supervisors on December 21, 2017.

Applicable Statute, Code, Policy, Rule or Regulation

N/A

Financial Information

Is there a fiscal impact? Yes No

If yes, account name/number:

Is it currently budgeted? Yes No

Explanation of Fiscal Impact:

Alternatives

Alternatives and recommendations may be presented during the presentation.

Board Action Taken:

Motion: _____

- 1) _____
- 2) _____

Aye/Nay

(Vote Recorded By)



**Carson City Board of Health Report
November 2018**

Carson City Residents April-September 2018

MONTH	Detox MALE	DETOX FEMALE	RESIDENTIAL MALE	RESIDENTIAL FEMALE	CPC CLIENTS ADMITTED	CARSON RESIDENTS AT CARSON FACILITY	CARSON RESIDENTS AT ELKO FACILITY
APRIL 2018	8	6	20	9	6	12	12
MAY 2018	11	6	18	10	6	7	7
JUNE 2018	15	7	18	14	7	9	9
JULY 2018	13	5	19	12	7	9	11
AUG 2018	16	5	19	9	6	9	8
SEPT 2018	17	8	23	11	5	13	6

Data is pulled from electronic health record

Clients may be in multiple programs in a month. Numbers are not unique client counts.

Clients are placed in the facility based upon the referral request.

100% of all residential referrals from Carson City were placed in Vitality System as requested by referral between April-September 2018

Civil Protective Custody (CPC) referrals are closely monitored with Carson City Sheriff's Office for compliance

Program Overview

1. Vitality Unlimited Medical Director is Dr. Chris Highley in Carson City, NV.
2. Vitality Unlimited Carson City is state certified for the following treatment levels based upon ASAM treatment guidelines:
 - Civil Protective Custody (CPC)- a person cannot be held for more than 48 hours
 - Level I outpatient services- an average of 6 hours of treatment a week
 - Level 2.1 Intensive Outpatient Care- an average of 9 hours of treatment a week
 - Level 3.5 residential Services- an average of 60 days
 - Level I and level 2.1 Withdrawal Management (detox)- an average of 24-72 hours
3. Carson City is licensed for 25 beds
4. Vitality screens with consent and in compliance with state and federal HIPAA regulations for TB and HIV/AIDS for clients entering the residential program. Results are communicated to the State Compliance Coordinator.