



## STAFF REPORT

**Report To:** Board of Health **Meeting Date:** December 19, 2019

**Staff Contact:** Nicki Aaker (naaker@carson.org)

**Agenda Title:** For Possible Action: Discussion and possible action regarding approval of the biannual 2019 report from Vitality Unlimited as required by Contract #1718-118 between Carson City and Vitality Unlimited.

Staff Summary: As part of the services agreement between Carson City and Vitality Unlimited, Vitality Unlimited agreed to provide a biannual report to Carson City's Board of Health to include reporting on the following: (1) Civil Protective Custody (CPC) admissions; (2) CPC denied/medical; (3) CPC no show; (4) CPC to residential; (5) women residential; (6) women detox; (7) men residential; (8) men detox; (9) number of Carson City residents treated at the Carson City facility; (10) number of Carson City residents treated at the Elko Facility; and (11) any other statistics requested by the Carson City Board of Health as determined reasonable by both parties.

**Agenda Action:** Formal Action / Motion **Time Requested:** 10 minutes

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### **Proposed Motion**

I move to accept Vitality Unlimited's report as presented.

### **Board's Strategic Goal**

Quality of Life

### **Previous Action**

Vitality previously reported on August 15, 2019.

### **Background/Issues & Analysis**

The report is being presented to the Board of Health as required by services contract #1718-118, approved by the Board of Supervisors on December 21, 2017.

### **Applicable Statute, Code, Policy, Rule or Regulation**

N/A

### **Financial Information**

**Is there a fiscal impact?** No

**If yes, account name/number:**

**Is it currently budgeted?**

**Explanation of Fiscal Impact:**

**Alternatives**

Modify the Vitality report as presented.

**Attachments:**

[2019 VU CARSON CITY BOARD OF HEALTH NOVEMBER 2019 REPORT.docx](#)

**Board Action Taken:**

Motion: \_\_\_\_\_

1) \_\_\_\_\_

2) \_\_\_\_\_

Aye/Nay

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(Vote Recorded By)



**CARSON CITY BOARD OF HEALTH  
NOVEMBER 2019  
CARSON CITY RESIDENTS – JULY 2019 TO OCTOBER 31, 2019**

<b>MONTH</b>	<b>DETOX MALE</b>	<b>DETOX FEMALE</b>	<b>RESIDENTIAL MALE</b>	<b>RESIDENTIAL FEMALE</b>	<b>CPC CLIENTS ADMITTED</b>	<b>CARSON CITY RESIDENTS IN CARSON CITY FACILITY</b>	<b>CARSON CITY RESIDENTS IN ELKO FACILITY</b>
<b>JULY 2019</b>	<b>9</b>	<b>6</b>	<b>17</b>	<b>15</b>	<b>3</b>	<b>16</b>	<b>11</b>
<b>AUGUST 2019</b>	<b>14</b>	<b>8</b>	<b>19</b>	<b>13</b>	<b>4</b>	<b>16</b>	<b>6</b>
<b>SEPTEMBER 2019</b>	<b>11</b>	<b>7</b>	<b>16</b>	<b>10</b>	<b>7</b>	<b>9</b>	<b>7</b>
<b>OCTOBER 2019</b>	<b>10</b>	<b>7</b>	<b>16</b>	<b>12</b>	<b>10</b>	<b>26</b>	<b>9</b>

Data is pulled from the electronic health record.

Clients may be in multiple levels of care in a month. Numbers are not a unique client count.

Clients placed in the facility based upon the referral request, bed availability and appropriate treatment needs.

100% of all residential referrals from Carson City were placed in the Vitality system as requested by referral.

Civil Protective Custody (CPC) referrals are closely monitored with Carson City Sheriff's Office for compliance.

## **PROGRAM OVERVIEW**

1. Vitality Unlimited's Medical Director is Dr. Chris Highley of Carson City and Reno.
2. Vitality Unlimited Carson City is a state certified and licensed facility and uses the American Society of Addiction Medicine (ASAM) for treatment guidelines.
3. Vitality Unlimited has the following levels of care:
  - a. Civil Protective Custody (CPC) a person cannot be held for more than 48 hours per NRS/NAC.
  - b. Withdrawal Management (Detox) – the average length of stay is 2.20 days
  - c. Residential Services – an average length of stay is 27.60 days
  - d. Intensive Outpatient Care – Up to 9 hours of treatment three days a week
  - e. Outpatient services – Up to 6 hours of treatment a week
  - f. Referral to and treatment services at Vitality Unlimited's Certified Community Behavioral Health Center (CCBHC) in Carson City
4. Carson City is licensed for 25 beds but is only allowed to utilize up to 16 beds for residential treatment.
5. Vitality Unlimited screens with consent and is in compliance with state and federal HIPAA regulations for TB and HIV/AIDS for clients entering the residential program. Results are communicated to the State Compliance Coordinator.