



**Explanation of Fiscal Impact:**

**Alternatives**

Modify the Vitality Unlimited 2020 report as presented.

**Attachments:**

[2020 VU CARSON CITY BOARD OF HEALTH REPORT.pdf](#)

**Board Action Taken:**

Motion: \_\_\_\_\_

1) \_\_\_\_\_

2) \_\_\_\_\_

Aye/Nay

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(Vote Recorded By)



**CARSON CITY BOARD OF HEALTH  
OCTOBER 2020  
CARSON CITY RESIDENTS – NOVEMBER 1, 2019 TO SEPTEMBER 30, 2020**

<b>MONTH</b>	<b>DETOX MEN</b>	<b>DETOX WOMEN</b>	<b>RESIDENTIAL MEN</b>	<b>RESIDENTIAL WOMEN</b>	<b>CPC ADMITS</b>	<b>RESIDENTIAL IN CARSON CITY</b>	<b>RESIDENTIAL IN ELKO</b>
<b>NOV-19</b>	<b>8</b>	<b>2</b>	<b>8</b>	<b>2</b>	<b>3</b>	<b>10</b>	<b>11</b>
<b>DEC-19</b>	<b>10</b>	<b>3</b>	<b>10</b>	<b>3</b>	<b>6</b>	<b>13</b>	<b>15</b>
<b>JAN-20</b>	<b>11</b>	<b>2</b>	<b>11</b>	<b>2</b>	<b>5</b>	<b>13</b>	<b>13</b>
<b>FEB-20</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>5</b>	<b>16</b>	<b>9</b>
<b>MAR-20</b>	<b>11</b>	<b>5</b>	<b>11</b>	<b>5</b>	<b>2</b>	<b>16</b>	<b>9</b>
<b>APR-20</b>	<b>9</b>	<b>4</b>	<b>9</b>	<b>4</b>	<b>0</b>	<b>13</b>	<b>11</b>
<b>MAY-20</b>	<b>8</b>	<b>2</b>	<b>8</b>	<b>2</b>	<b>0</b>	<b>10</b>	<b>8</b>
<b>JUN-20</b>	<b>12</b>	<b>3</b>	<b>12</b>	<b>3</b>	<b>0</b>	<b>15</b>	<b>8</b>
<b>JUL-20</b>	<b>8</b>	<b>3</b>	<b>8</b>	<b>3</b>	<b>0</b>	<b>11</b>	<b>9</b>
<b>AUG-20</b>	<b>8</b>	<b>3</b>	<b>8</b>	<b>3</b>	<b>0</b>	<b>11</b>	<b>9</b>
<b>SEP-20</b>	<b>7</b>	<b>5</b>	<b>7</b>	<b>5</b>	<b>0</b>	<b>12</b>	<b>4</b>

Data is pulled from the electronic health record.

Clients may be in multiple levels of care in a month. Numbers are not a unique client count.

Clients placed in the facility based upon the referral request, bed availability and appropriate treatment needs.

100% of all residential referrals from Carson City were placed in the Vitality system as requested by referral.

Civil Protective Custody (CPC) referrals are closely monitored with Carson City Sheriff's Office for compliance. With the advent of the Covid-19 Crisis our CPC program was placed on hold to ensure the safety of Vitality clients and staff. One CPC client was admitted to the residential treatment program. Two CPC clients were denied admission as there was no beds available. Two CPC clients were denied admission because of bed bugs and lice. Four CPC clients were brought to the facility and denied admission – three for blood alcohol levels over 3.0 and one for violent behavior.

## **PROGRAM OVERVIEW**

1. Vitality Unlimited's Medical Director is Dr. Chris Highley of Carson City and Reno.
2. Vitality Unlimited Carson City is a state certified and licensed facility and uses the American Society of Addiction Medicine (ASAM) for treatment guidelines.
3. Vitality Unlimited has the following levels of care:
  - a. Civil Protective Custody (CPC) a person cannot be held for more than 48 hours per NRS/NAC.
  - b. Withdrawal Management (Detox) – the average length of stay is 2.20 days
  - c. Residential Services – an average length of stay is 27.60 days
  - d. Intensive Outpatient Care – Up to 9 hours of treatment three days a week
  - e. Outpatient services – Up to 6 hours of treatment a week
  - f. Referral to and treatment services at Vitality Unlimited's Certified Community Behavioral Health Center (CCBHC) in Carson City
4. Carson City is licensed for 25 beds but is only allowed to utilize up to 16 beds for residential treatment.
5. Vitality Unlimited screens with consent and is in compliance with state and federal HIPAA regulations for TB and HIV/AIDS for clients entering the residential program. Results are communicated to the State Compliance Coordinator.