Agenda Item No: 18.B



STAFF REPORT

Report To: Board of Health **Meeting Date:** October 15, 2020

Staff Contact: Nicki Aaker, naaker@carson.org - staff contact on behalf of Vitality Unlimited

Agenda Title: For Possible Action: Discussion and possible action regarding the biannual 2020 report

from Vitality Unlimited as required by Contract #1718-118 between Carson City and Vitality Unlimited. (Nicki Aaker, naaker@carson.org - staff contact on behalf of Vitality Unlimited)

Staff Summary: As part of the services agreement between Carson City and Vitality Unlimited, Vitality Unlimited agreed to provide a biannual report to the Carson City Board of

Health to include information on the following: (1) civil protective custody (CPC)

admissions; (2) CPC denied/medical; (3) CPC no show; (4) CPC to residential; (5) women residential; (6) women detox; (7) men residential; (8) men detox; (9) number of Carson City residents treated at the Carson City facility; (10) number of Carson City residents treated at the Elko Facility; and (11) any other statistics requested by the Carson City Board of

Health as determined reasonable by both parties.

Agenda Action: Formal Action / Motion Time Requested: 15 minutes

Proposed Motion

I move to accept the report as presented.

Board's Strategic Goal

Quality of Life

Previous Action

The report is being presented to the Board of Health as required by Contract #1718-118, by and between Carson City and Vitality Unlimited, approved by the Board of Supervisors on December 21, 2017. Vitality Unlimited previously reported on December 19, 2019.

Background/Issues & Analysis

N/A

Applicable Statute, Code, Policy, Rule or Regulation

N/A

Financial Information

Is there a fiscal impact? No

If yes, account name/number:

Is it currently budgeted?

Alternatives Modify the Vitality Unlimited 202	0 report as presented.	
Attachments: 2020 VU CARSON CITY BOARD OF	HEALTH REPORT.pdf	
Board Action Taken: Motion:	1) 2)	Aye/Nay ————
(Vote Recorded By)		

Explanation of Fiscal Impact:



CARSON CITY BOARD OF HEALTH OCTOBER 2020 CARSON CITY RESIDENTS – NOVEMBER 1, 2019 TO SEPTEMBER 30, 2020

MONTH	DETOX MEN	DETOX WOMEN	RESIDENTIAL MEN	RESIDENTIAL WOMEN	CPC ADMITS	RESIDENTIAL IN CARSON CITY	RESIDENTIAL IN ELKO
NOV-19	8	2	8	2	3	10	11
DEC-19	10	3	10	3	6	13	15
JAN-20	11	2	11	2	5	13	13
FEB-20	8	8	8	8	5	16	9
MAR-20	11	5	11	5	2	16	9
APR-20	9	4	9	4	0	13	11
MAY-20	8	2	8	2	0	10	8
JUN-20	12	3	12	3	0	15	8
JUL-20	8	3	8	3	0	11	9
AUG-20	8	3	8	3	0	11	9
SEP-20	7	5	7	5	0	12	4

Data is pulled from the electronic health record.

Clients may be in multiple levels of care in a month. Numbers are not a unique client count.

Clients placed in the facility based upon the referral request, bed availability and appropriate treatment needs.

100% of all residential referrals from Carson City were placed in the Vitality system as requested by referral.

Civil Protective Custody (CPC) referrals are closely monitored with Carson City Sheriff's Office for compliance. With the advent of the Covid-19 Crisis our CPC program was placed on hold to ensure the safety of Vitality clients and staff. One CPC client was admitted to the residential treatment program. Two CPC clients were denied admission as there was no beds available. Two CPC clients were denied admission because of bed bugs and lice. Four CPC clients were brought to the facility and denied admission – three for blood alcohol levels over 3.0 and one for violent behavior.

PROGRAM OVERVIEW

- 1. Vitality Unlimited's Medical Director is Dr. Chris Highley of Carson City and Reno.
- 2. Vitality Unlimited Carson City is a state certified and licensed facility and uses the American Society of Addiction Medicine (ASAM) for treatment guidelines.
- 3. Vitality Unlimited has the following levels of care:
 - a. Civil Protective Custody (CPC) a person cannot be held for more than 48 hours per NRS/NAC.
 - b. Withdrawal Management (Detox) the average length of stay is 2.20 days
 - c. Residential Services an average length of stay is 27.60 days
 - d. Intensive Outpatient Care Up to 9 hours of treatment three days a week
 - e. Outpatient services Up to 6 hours of treatment a week
 - f. Referral to and treatment services at Vitality Unlimited's Certified Community Behavioral Health Center (CCBHC) in Carson City
- 4. Carson City is licensed for 25 beds but is only allowed to utilize up to 16 beds for residential treatment.
- 5. Vitality Unlimited screens with consent and is in compliance with state and federal HIPAA regulations for TB and HIV/AIDS for clients entering the residential program. Results are communicated to the State Compliance Coordinator.