



**CARSON CITY BOARD OF HEALTH  
JUNE 2021  
CARSON CITY RESIDENTS – OCTOBER 1, 2020 TO MAY 31, 2021**

<b>MONTH</b>	<b>DETOX MALE</b>	<b>DETOX WOMEN</b>	<b>RESIDENTIAL MEN</b>	<b>RESIDENTIAL WOMEN</b>	<b>CPC ADMITS</b>	<b>RESIDENTIAL IN CARSON CITY</b>	<b>RESIDENTIAL IN ELKO</b>
<b>OCT-20</b>	<b>6</b>	<b>3</b>	<b>6</b>	<b>3</b>	<b>0</b>	<b>7</b>	<b>2</b>
<b>NOV-20</b>	<b>10</b>	<b>2</b>	<b>10</b>	<b>2</b>	<b>0</b>	<b>8</b>	<b>4</b>
<b>DEC-20</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>0</b>	<b>6</b>	<b>4</b>
<b>JAN-21</b>	<b>11</b>	<b>6</b>	<b>11</b>	<b>6</b>	<b>0</b>	<b>10</b>	<b>7</b>
<b>FEB-21</b>	<b>7</b>	<b>4</b>	<b>7</b>	<b>4</b>	<b>0</b>	<b>5</b>	<b>6</b>
<b>MAR-21</b>	<b>7</b>	<b>6</b>	<b>7</b>	<b>6</b>	<b>0</b>	<b>7</b>	<b>5</b>
<b>APR-21</b>	<b>11</b>	<b>4</b>	<b>11</b>	<b>4</b>	<b>0</b>	<b>9</b>	<b>4</b>
<b>MAY-21</b>	<b>13</b>	<b>3</b>	<b>13</b>	<b>3</b>	<b>0</b>	<b>11</b>	<b>5</b>

Data is pulled from the electronic health record.

Clients may be in multiple levels of care in a month. Numbers are not a unique client count.

Clients placed in the facility based upon the referral request, bed availability and appropriate treatment needs.

100% of all residential referrals from Carson City were placed in the Vitality system as requested by referral.

Civil Protective Custody (CPC) referrals are closely monitored with Carson City Sheriff's Office for compliance. With the advent of the Covid-19 Crisis our CPC program was placed on hold to ensure the safety of Vitality clients and staff.

## **PROGRAM OVERVIEW**

1. Vitality Unlimited's Medical Director is Dr. Michael Thompson.
2. Vitality Unlimited Carson City is a state certified and licensed facility and uses the American Society of Addiction Medicine (ASAM) for treatment guidelines.
3. Vitality Unlimited has the following levels of care:
  - a. Civil Protective Custody (CPC) a person cannot be held for more than 48 hours per NRS/NAC.
  - b. Withdrawal Management (Detox) – the average length of stay is 2.20 days
  - c. Residential Services – an average length of stay is 27.60 days
  - d. Intensive Outpatient Care – Up to 9 hours of treatment three days a week
  - e. Outpatient services – Up to 6 hours of treatment a week
  - f. Referral to and treatment services at Vitality Unlimited's Certified Community Behavioral Health Center (CCBHC) in Carson City
4. Vitality Unlimited screens with consent and is in compliance with state and federal HIPAA regulations for TB and HIV/AIDS for clients entering the residential program. Results are communicated to the State Compliance Coordinator.
5. Vitality Unlimited residential treatment facilities have remained opened throughout the pandemic.