



STAFF REPORT

Report To: Board of Health **Meeting Date:** December 2, 2021

Staff Contact: Nicki Aaker (naaker@carson.org)

Agenda Title: For Discussion Only: Discussion and presentation regarding Health in All Policies ("HiAP"), by Sydney Gamer, MPH candidate. (Nicki Aaker, naaker@carson.org)

Staff Summary: Ms. Gamer will present the HiAP approach and discuss how adding health considerations within policy areas can positively impact the health of all of the community members.

Agenda Action: Other / Presentation **Time Requested:** 15 minutes

Proposed Motion

Presentation and discussion.

Board's Strategic Goal

Quality of Life

Previous Action

N/A

Background/Issues & Analysis

The Carson City Health and Human Services Department ("CCHHS") provides internship opportunities for both undergraduate and graduate students. This allows students studying public health to work on a project that will enhance the skills the individual learns in the classroom. These internships are part of the school curriculum and are required for graduation. CCHHS has provided several internships and has hired a couple of interns. Currently, Ms. Gamer is a full-time employee at CCHHS working on the COVID-19 response.

Applicable Statute, Code, Policy, Rule or Regulation

N/A

Financial Information

Is there a fiscal impact? No

If yes, account name/number:

Is it currently budgeted?

Explanation of Fiscal Impact:

Alternatives

N/A

Attachments:

[HIAP Presentation_Sydney Gamer - Final_11.24.21.pdf](#)

Board Action Taken:

Motion: _____

1) _____

2) _____

Aye/Nay

(Vote Recorded By)



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WHAT IS HEALTH IN ALL POLICIES?

Definition: Health in All Policies (HiAP) is a tool that allows any policy to become a health policy with the right lens.

Why is it important?

- Increase favorable health outcomes
- Decrease health disparities
- Diverse stakeholders leads to creative ways to solve multiple problems at one time

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INTERNSHIP PROGRESSION

RESEARCH



- Focus on HiAP best practices
- Carson City's County Health Rankings

FOCUS GROUPS



- Nov 16th focus group held with CCHHS Division Managers, Director and Carson City's Health Officer
- Nov 22nd focus group held with representatives from Carson City government agencies

IMPLICATIONS & SUGGESTIONS



- Use HiAP as a tool to improve Carson City's County Health Rankings and the health of the residents of Carson City

RESEARCH FINDINGS: HEALTH IN ALL POLICIES BEST PRACTICES



Engaging with the community in which you are working with is necessary for results to be successfully implemented.



Creating task forces and coalitions dedicated to HiAP lead to efficient results and integration into policy.



Utilizing the knowledge of different government agencies along with private businesses creates space for stakeholders to see their communities' needs get met.

POTENTIAL BARRIERS

How Grants are Written

- Grants can be written in ways that are too constrictive for collaboration
- Look at the scope of work and deliverables to see where intersection can occur

Cultural Values

- A community's views on health policy, or really any policy, can get in the way of legislation being passed
- The public may view HiAP as another set of rules or mandates

"What's in it for me?"

- Private businesses may be hesitant to adopt HiAP approaches without a proven economic benefit
- Additional burden placed on some departments and not others could be unfair

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FOCUS GROUP DATES AND FINDINGS

Focus Group Participants

- November 15, 2021 - Carson City Health and Human Services Division Manager Meeting
- November 22, 2021 - Various Carson City department representatives

Common Thoughts on HIAP

- HiAP can be adopted in a phased approach
- Engaging entities outside will create a more successful program
- Marketing existing projects as health-related

Ideas for Carson City

- Get input from the community
- Emphasize long-term and short-term economic benefits

Usability

- This approach may be more user friendly for departments like Parks and Rec, Community Development and Infrastructure
- Other agencies may need to get more creative to adopt HiAP

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COUNTY HEALTH RANKINGS & HiAP



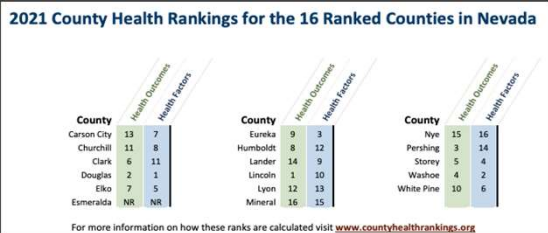
• Carson City's health outcomes need improvement as they are scored as being some of the lowest in NV

• Example

- Health outcome: Poor physical health days
- Health factor: Adult obesity

HiAP intervention: Parks and Rec, Community Development and private businesses could work together to implement ways for community members to get more physical activity.

- Park days, bike to work/school days, more information about park locations get advertised, businesses work with local gyms to offer employee deals.



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IMPORTANCE

- New partnerships with non-traditional partners outside of the public health and healthcare sectors
- Long term health of Carson City
 - The community will be safer, cleaner and healthier
 - More policies that are created with a health lens could lead to resident retention
- Economic
 - Health is wealth
 - Healthier communities are good for business and the economy overall

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SUGGESTIONS & IMPLEMENTATION

Collaboration

Invite members of various government sectors along with representatives from private businesses and community members to be a part of a Carson City HiAP task force.

Health outcomes vs health factors

How can we use HiAP to increase Carson City's County Health Ranking?

- Outcomes like obesity are influenced by health factors, such as socioeconomic status
- Using HiAP can decrease bad health outcomes by intervening different health factors like infrastructure, access to healthcare, clean air and water etc.

Suggestions from Focus Group

Nov 16th focus group:

- Phase in HiAP approaches
- Educate stakeholders and the public

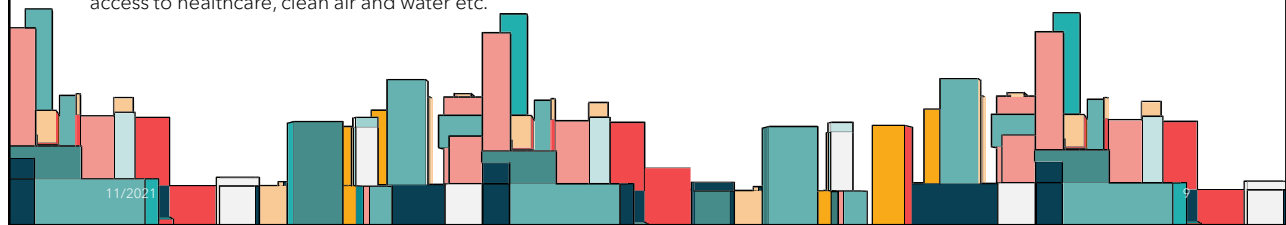
Nov 22nd focus group:

- Create a task force and start with looking at how HiAP could be applied

Policy

Any policy can be a health policy!

- Look for policies that target specific communities



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REFERENCES

<https://www.countyhealthrankings.org/reports/state-reports/2020-nevada-report>

<https://www.apha.org/topics-and-issues/health-in-all-policies>

<https://www.cdc.gov/policy/hiap/index.html>

<https://www.naccho.org/programs/community-health/healthy-community-design/health-in-all-policies>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4243805/>

<https://www.ruralhealthinfo.org/toolkits/sdoh/2/built-environment/health-in-all-policies>

<https://www.healthvermont.gov/about-us/our-vision-mission/building-culture-health>

<https://www.co.monterey.ca.us/government/departments-a-h/health/general/health-in-all-policies-hiap>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5334460/>


https://www.apha.org/-/media/Files/PDF/factsheets/Health_inAll_Policies_Guide_169pages.ashx

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THANK YOU

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