

FIRST JUDICIAL DISTRICT COURT

JUVENILE DRUG COURT

HANDBOOK



JUVENILE DRUG COURT
Entry Questionnaire

1. I am responsible for keeping all appointments and being on time, including court appearances, counseling sessions and meetings with my probation officer.	True	False
2. It is OK to be late or miss appointments if the reason is work related.	True	False
3. I am allowed to take medicine prescribed by a doctor without asking for permission from Drug Court.	True	False
4. I am expected to tell the truth at all times.	True	False
5. I must respect other people's confidentiality.	True	False
6. I must ask permission to take any over the counter medication.	True	False
7. I must provide drug court with my current address and phone number and notify drug court of any changes.	True	False
8. I must attend AA or NA meetings as directed by my drug and alcohol counselor and provide my counselor with proof of attendance.	True	False
9. If I am really sick, I can take medicine that a friend or family member gives me.	True	False
10. I do not need to ask permission to attend a concert.	True	False
11. I must let my probation officer and my counselor know and obtain their approval if I am going to leave the State of Nevada for more than a day trip.	True	False
12. All my paper work including grade reports and home reports must be provided to my counselor on or before _____ every week.		
13. It is a requirement of Drug Court that I have an AA or NA sponsor.	True	False
14. If I am arrested for a new delinquent offense, I may be terminated from the Drug Court program.	True	False
15. My probation officer is _____ and my probation officer's telephone number is _____.		
16. It is OK to sleep in group if I have been at work and I am really tired.	True	False
17. Employment or full-time school is a requirement of Drug Court.	True	False
18. A dilute urine test is an accident and there will be no sanction.	True	False
19. When I provide a urine sample I can expect to be observed during the process.	True	False
20. If I miss a scheduled UA, it may be considered the same as a positive test.	True	False
21. I will be given at least three days notice of any requirement to take a drug test.	True	False
22. Drug Court can direct anybody I am living with to submit to drug testing and to participate in family counseling.	True	False
23. Another Drug Court participant can sign my AA or NA attendance sheet.	True	False
24. It is OK to go to bars if I do not drink.	True	False
25. It is not a problem to be with my friends when they are using, as long as I don't use.	True	False
26. If I relapse at any time, my clean days will start over.	True	False
27. The twelve _____ are the working tools of AA and NA.		
28. If I have questions or problems I should wait until a Drug Court session to talk about them.	True	False
29. Because honesty is an important element of the Drug Court program, I may be terminated from the program if I falsify a grade report, parent report, or any related drug court document.	True	False

30. It is important to let people know if I need to be excused from a scheduled appointment, counseling session or Drug Court session, before the time set for the event. The following are important phone numbers to know:

Community Counseling Center _____

Other counselor's _____

Probation Department _____

Drug Court _____

Community Service Supervisor (weekend drug testing) _____

Mission Statement

The mission of Carson City Juvenile Drug Court is to help at-risk youth and their families become successful in leading drug-free, law-abiding, productive lives. The program accepts as a premise that juveniles involved in drug use often have other issues in their lives leading to the use of drugs. The Drug Court Program seeks to address both the issues that lead to drug use and the drug use itself.

Program Philosophy

The philosophy of Carson City Juvenile Drug Court is rehabilitation and collaborative treatment for at-risk youth to promote an opportunity for adolescents to live a well-adjusted and drug-free life. The organizational values that guide the program's philosophy are based on the following pillars of character:

- Responsibility – being responsible for your choices and accountable for what you do and who you are
- Fairness – play by the rules; be open-minded; listen to others
- Respect – honor the worth and dignity of others
- Caring – be kind and compassionate, help people in need; express gratitude
- Trustworthiness – be honest; do what you say you'll do; have the courage to do the right thing
- Citizenship – know the laws and obey them; be involved in community activities; cooperate

Program Overview

Welcome to the First Judicial District Juvenile Drug Court Program. This Drug Court serves juveniles in Carson City and Storey County, and is a court supervised, comprehensive treatment program which accepts participants through various referrals. It includes nonviolent juvenile offenders and probation violators whose offenses and violations are related to or significantly contributed to substance abuse, including alcohol, controlled substances and other intoxicating substances. All participants have been determined to require substance abuse treatment. The Drug Court is a voluntary program which is made a condition of an offender's probation which must be completed once it is voluntarily entered. Participation includes regular court appearances before the Drug Court Judge. Treatment, which includes drug testing, individual and family counseling, and group counseling, is provided through the Community Counseling Center, or other treatment providers approved by the Drug Court. Parent education and support is a core component of the program. Parents will be provided with the opportunity to actively participate in a bi-weekly parent support group to develop and implement skills to promote and foster the youth's success in the Drug Court Program. The participant is also expected to make reasonable progress in school and maintain a good relationship with parents or guardians. Employment may also be required of Drug Court participants. Regular attendance and participation in AA or NA meetings or a secular alternative will be required (only if recommended or if juvenile AA or NA meetings are available). Some cases will require a participant to complete inpatient counseling at the Western Nevada Regional Youth Center, China Springs Youth Camp, or Aurora Pines Youth Camp. Each participant will be required to demonstrate

abstinence from substance abuse by showing clean drug tests for a sustained period of time before they are eligible for graduation. Graduation will occur after the participant completes substance abuse counseling, demonstrates stability in sobriety for at least 90 days, makes adequate progress in school and home behavior is acceptable. It goes without saying that Drug Court participants need to be good citizens in the community and represent the program with the highest of standards. Once graduation is achieved, pending delinquent charges may be dismissed on motion of the district attorney. Drug court graduates are welcome to return to the program at any time for further assistance or to update the court and other participants about their progress and accomplishments after graduation.

Drug Court Supervision

A Drug Court participant will be required to appear in Drug Court on a weekly at the beginning of their program. At each appearance, the judge will be given a progress report prepared by the treatment team regarding drug test results, attendance and participation in treatment and compliance with all of the terms of probation. Additionally, the participant will be expected to obtain and present to their counselors a home behavior report and a school progress report. The counselors will forward these reports to the Drug Court for consideration by the judge at the hearing. The judge may ask the participant questions about his or her progress in all areas and discuss any specific problems the participant may be experiencing. Parents or guardians will also attend the hearings and will have the opportunity to update the court on the participant's behavior at home and any other relevant matters. If reports indicate that the participant is doing well, the judge will encourage continued progress toward graduation and the need to remain focused on the juvenile's goals. In the event of program violations, i.e., missed or dirty drug screens, failure to attend counseling sessions, failure to attend 12 step meetings, etc., sanctions may be imposed by the court. Repeated violation of the program expectations and failure to make satisfactory progress will result in a series of increasingly punitive sanctions, including possible termination from the program.

Failure to appear in court on the date and time scheduled may result in a warrant being issued for the participant's arrest. If a participant cannot appear in court as scheduled, the probation officer, 887-2033 or the court coordinator, 887-2038 should be notified as soon as possible, and for good cause, the failure to appear can be excused.

The following violations may result in termination from the Drug Court program: warrants and/or new arrests; missing drug tests; demonstrating a lack of program response or effort by failing to cooperate with treatment and violence or threats of violence directed at the treatment team or others. The Drug Court Judge will make the final decisions regarding sanctions and termination from the program.

JUVENILE DRUG COURT PROGRAM RULES

A Drug Court participant is required to abide by the following rules:

- **DO NOT USE OR POSSESS ANY DRUGS OR ALCOHOL AND DO NOT ASSOCIATE WITH THOSE ILLEGALLY USING OR POSSESSING DRUGS OR ALCOHOL.** Maintaining an alcohol and drug free lifestyle is the most important part of the recovery process. All medication, over the counter or prescribed by a physician, must be authorized by the treatment staff and the Drug Court.
- **DO NOT ENTER ESTABLISHMENTS WHERE THE PRIMARY BUSINESS IS THE SALE OF ALCOHOL.** Grocery store liquor sections, bars or packaged liquor stores are off limits.
- **ATTEND ALL TREATMENT SESSIONS.** If a participant is unable to attend a scheduled session, he or she must contact the treatment counselor and provide a valid excuse before the session is scheduled to begin.
- **REPORT TO YOUR PROBATION OFFICER AS DIRECTED.** If a participant is unable to make an appointment, contact the probation officer and provide a valid excuse prior to the scheduled meeting.
- **BE ON TIME TO ALL APPOINTMENTS WITH TREATMENT PROVIDERS, PROBATION OFFICERS AND COURT SESSIONS.** If the participant is late, he or she may not be allowed to attend the appointment and could be considered noncompliant and subject to sanction.
- **ACT APPROPRIATELY TOWARD ALL ADULTS AND JUVENILES ASSOCIATED WITH THE DRUG COURT.** Violent, dishonest or inappropriate behavior will not be tolerated and will be reported to the court. This may result in termination from the Drug Court program and formally proceeding with any deferred delinquent charges.
- **DRESS APPROPRIATELY FOR COURT AND TREATMENT SESSIONS.** You are expected to dress appropriately for Court and counseling. Clothing bearing drug or alcohol related themes or promoting or advertising alcohol or drug use is considered inappropriate. Sunglasses, hats and bandanas should not be worn inside the courthouse, treatment center or probation office.
- **ALWAYS TELL THE TRUTH.** Overcoming chemical dependency is not easy. This will require the participant's best effort and full truthfulness. The entire Drug Court team wants to see you succeed by owning your mistakes and accepting responsibility for them. Participants who are not truthful will not be allowed in the program.

- **DO NOT LEAVE THE STATE OF NEVADA WITHOUT PERMISSION.** You must get permission from your probation officer prior to leaving the State of Nevada other than a trip that does not require an overnight stay.
- **TURN IN ALL REQUIRED DOCUMENTS TO THE TREATMENT PROVIDER IN A TIMELY MANNER.** All documents must be submitted to the treatment provider at the last counseling session before your court appearance. The treatment provider will forward all documents to the Drug Court.
- **REPORT FOR TESTING AND PROVIDE A VALID TEST SAMPLE AS DIRECTED.** Clean drug testing is the primary means of showing the court that you are abstaining from the use of alcohol and controlled substances. Failing to appear for a drug test or providing a dilute or adulterated sample can be considered the same as a dirty drug test with appropriate sanctions to be determined by the Drug Court.
- **FOLLOW ALL OF THE TERMS OF YOUR PROBATION.** Successfully completing Drug Court requires you to be compliant with all the terms of your probation, and your probation officer will be reporting to the Drug Court each week regarding your performance.

TREATMENT PROCEDURES

Treatment will be provided through a collaborative team approach. Each participant will obtain a drug and alcohol assessment. The treatment team will consider the assessment and determine the level and intensity of treatment that will best meet a participant's needs. A recommendation will be made to the Drug Court judge indicating that the client should receive detoxification, residential or outpatient treatment. If admitted to a residential treatment program, the treatment plan will include the requirements of that program and recommendations for aftercare. If not admitted, or upon completion of the inpatient program, an intensive outpatient program will be developed, which will include:

OUTPATIENT TREATMENT PLANS

A treatment plan will be developed by the treatment team following an overall assessment of a participant's substance abuse history and social situation. The plan will focus on specific goals and objectives to be accomplished by the participant. The plan will be monitored by the treatment team and updated as the participant progresses through the program.

DRUG AND ALCOHOL TESTING

Each participant will be subject to drug and alcohol testing at any time requested by the counselor or authorized designee of the counselor. Additionally, the probation officer will direct the drug court participant to submit to drug and alcohol testing on a random basis, including weekend drug and alcohol testing. A valid test must be provided by the participant and all testing must be observed by counselors or probation officers. Failure to appear for testing or submitting diluted or altered samples will be treated the same as a positive test and subject the participant to arrest and appropriate sanctions by the Drug Court.

COUNSELING

Participation in counseling is mandatory. This may include individual, family and group sessions. In addition, counseling may include sessions to address anger management, thinking errors, behavior problems, emotional issues and other mental health topics not directly related to drug and alcohol addictions. Participant's parents will be required to attend parenting sessions to discuss the progress their child is making, and training in techniques to assist their child in maintaining a good program. Attendance at counseling sessions will be reported to the Drug Court Judge as part of a participant's weekly progress report. Prior permission from the treatment counselor must be obtained in order to be excused from a counseling session.

TWELVE STEP MEETINGS

Attendance may be required at 12 step meetings such as Narcotics Anonymous and Alcoholics Anonymous or other secular alternative. The number of required sessions will be at the discretion of the participant's drug and alcohol counselor and may change due to completion of treatment phases or in response to a

relapse or other problem. Regular attendance is an important part of the recovery process that helps familiarize the participant with the 12 step philosophy and assists the participant to develop build trust and social bonds with other people in recovery. The treatment team will provide information regarding the time and place of 12 step meetings. The participant must provide proof of attendance to their treatment counselor at least 24 hours prior to each drug court appearance. (This will only be required if recommend or juvenile meetings are available).

SPONSOR

The participant must obtain a self help sponsor. A sponsor is a 12 step group member of the same gender with significant history of sobriety, who assists the participant on a personal level with sobriety, personal problems, working the steps, etc. Ask at a meeting for a temporary sponsor until a permanent can be obtained. (This will only be required if recommend or juvenile meetings are available).

TERMINATION

A drug court participant can be terminated from the program for the following reasons: lack of treatment progress, failure to secure employment or make adequate progress in school, failure to pay fees or fines, threats, assaults, new arrests, continued substance use, failure to follow the rules at home, unfavorable home reports, medical problems that interfere with treatment, or an unfavorable periodic evaluation.

MEDICATION

All medication over the counter or prescribed by a physician must be authorized by the treatment staff or drug court judge prior to being taken. A list of authorized over the counter medication is provided below in this handbook.

TREATMENT PHASES

Carson City Juvenile Drug Court

A. Phase 1 – Engagement (6 weeks to 3 months)

1. Report to your probation officer as directed.
 - a. Be on time.
 - b. Be prepared.
2. Attend school regularly. Comply with the dress and behavior code.
 - a. Be on time.
 - b. Be prepared.
 - c. Follow basic rules.
 - d. Obtain school reports for Drug Court.
3. Enroll in drug and alcohol counseling and family counseling.
 - a. Be on time.
 - b. Participation is mandatory.

- c. Most likely Intensive Outpatient treatment.
- 4. Submit to random drug testing.
 - a. Submit to test at any time as requested by your probation officer or counselor.
 - b. Diluted test is a dirty test.
 - c. A missed test is a dirty test.
 - d. Failing to submit is considered a dirty test.
 - e. Should be almost clean if not already clean.
- 5. Develop a treatment plan.
 - a. With your counselor/therapist you will develop a clear, concise and realistic plan for success.
 - b. Develop a relapse prevention plan.
- 6. Compliance with treatment plan.
 - a. Working through treatment goals and objectives and actively making changes to behavior.
 - b. Working through relapse prevention plan and actively making changes to behavior.

B. Phase 2 – Early Recovery (3 to 5 months)

- 1. Reporting to your probation officer as directed.
 - a. Always on time.
 - b. Always prepared.
- 2. Attending school regularly and complying with the dress and behavior code.
 - a. Always on time.
 - b. Always prepared.
 - c. Always following rules / no incidents.
 - d. Always has school report for Drug Court.
- 3. Attending drug and alcohol counseling and family counseling.
 - a. Always on time.
 - b. Always prepared.
 - c. Active participation.
 - d. Possibly phasing down.
 - e. Family issues are declining or being worked through on a consistent basis.
 - Progress is evident.
 - Developing stability with parents / home life.
 - f. Attending 12 step meetings (if recommended).
- 4. Submit to random drug testing.
 - a. Testing negative for all drug, alcohol, and mind altering substances.
 - b. No diluted tests.
 - c. No missed tests.
- 5. Compliance with treatment plan.
 - a. Working through treatment goals and objectives and actively making changes to behavior.
 - Progress is stable.
 - b. Working through relapse prevention plan and actively making changes to behavior.

- Using tools learned to minimize potential for relapse.
- c. Incorporating extracurricular activity.

C. Phase 3 - Maintenance (2 to 3 months)

1. Reporting to your probation officer as directed.
 - a. Always on time.
 - b. Always prepared.
2. Attending school regularly and complying with the dress and behavior code.
 - a. Always on time.
 - b. Always prepared.
 - c. Attendance is not an issue.
 - d. Behavior problems not an issue.
 - e. Always has school report for Drug Court.
3. Attending drug & alcohol counseling and family counseling.
 - a. Always on time.
 - b. Always prepared.
 - c. Active participation.
 - d. Attendance is not an issue.
 - e. Continued family counseling.
 - Incidents are minimal and worked through.
 - Stable home life.
 - f. Continued 12 step meetings (if recommended).
 - g. Possibly phasing down.
 - h. Active recovery.
4. Submit to random drug testing.
 - a. Testing negative for all drug, alcohol and mind altering substances.
 - b. No diluted tests.
 - c. No missed tests.
5. Compliance with treatment plan.
 - a. Working through treatment and demonstrating positive behaviors.
 - Behavioral changes are evident.
 - b. Working relapse prevention plan.
 - Actively using tools learned.
 - Changes are evident.
 - c. Engaged in extracurricular activity(s).
 - d. Possibly phasing down or out of counseling.
 - e. Attendance in drug court: possibly bi-weekly.

D. Phase 4 – Community Support (2 months)

1. Reporting to your probation officer as directed.
 - a. Always on time.
 - b. Always prepared.
2. Attending school regularly and complying with the dress and behavior code.
 - a. Always on time.
 - b. Always prepared.

- c. Attendance is not an issue.
- d. Behavior problems not an issue.
- e. Always has school report for Drug Court.
- 3. Attending drug & alcohol counseling and family counseling.
 - a. Always on time.
 - b. Always prepared.
 - c. Active participation.
 - d. Attendance is not an issue.
 - e. Continued family counseling.
 - Incidents are minimal and worked through.
 - Stable home life.
 - f. Continued 12 step meetings (if recommended).
 - g. Active recovery.
- 4. Submit to random drug testing.
 - a. Testing negative for all drug, alcohol and mind altering substances.
 - b. No diluted tests.
 - c. No missed tests.
- 5. Compliance with treatment plan.
 - a. Working through treatment and demonstrating positive behaviors.
 - Behavioral changes are evident.
 - b. Working relapse prevention plan.
 - Actively using tools learned.
 - Changes are evident.
 - c. Engaged in extracurricular activity(s).
 - d. Attendance in drug court: monthly.
- 6. Graduation
 - a. Successful completion of Drug Court.
 - 90 consecutive days of sobriety.
 - Compliance with all probation/drug court terms.
 - b. Continued probation.

**FIRST JUDICIAL DISTRICT COURT
JUVENILE DRUG COURT
Progress Review**

Date _____	Yes/No	Comments
Drug Court attendance		
Counseling attendance		
Attending AA/NA meetings as required		
Obtained a sponsor		
Parent reports in on time		
School reports in on time		
Attending school and no infractions		
Community service hours		
Fees paid		
Appearing for all drug test		
Dilute or altered tests		
Positive test results		
Probation violations		
Satisfactory home behavior		
Satisfactory school progress		
Overall attitude conducive to treatment		
	Comments and recommendations	
Probation		
Counseling		
Parents/Guardians		
Other		

AUTHORIZED OVER THE COUNTER MEDICATIONS

ANALGESICS-PAIN & FEVER RELIEF	COUGH, COLD & FLU MEDICINES
Advil Aleve Alka Seltzer - Original Effervescent Antacid Pain Reliever Alka Seltzer - Extra Strength Effervescent Antacid Pain Reliever Aspercreme Bayer Aspirin Ecotrin Motrin Nuprin Orudis KT Tylenol	Pertussin DM Extra Strength Cough Relief Robitussin DM Luden's Cough Drops Hall's Fruit Breezers
SKIN CARE	FEMININE PRODUCTS
Benadryl Itch Stopping Cream Clearasil Cortaid Cortizone Dr. Scholls Ivy Block Lotumin AF Oxy 10 Preparation H Anti-Itch Cream	Femstat 3 Gyne Lotrimin 3 Monistat 7 Cream or Suppositories Vagisil Anti-Itch Cream Vagistat 1
ALLERGY & SINUS PAIN RELIEF	EYE, EAR & MOUTH CARE
Nasalcrom Loratadine Dayhist - Allergy	Naphcon A Ocuhist Opcon A Vas O Con A
SMOKING CESSATION	SLEEP AIDS AND STIMULANTS
Nicorette Nicotrol Nicoderm	None

STOMACH MEDICINES	VOMITING & MOTION SICKNESS
Alka Seltzer - Original Effervescent Antacid Pain Reliever Alka Seltzer - Extra Strength Effervescent Antacid Pain Reliever Axid AR Basaljel Beano Dul Colax Exlax Chocolate Exlax Regular Strength Fibercon Gaviscon Extra Strength Kaopectate Maalox Antiacid/Antigas Tablets Mylanta Liquid Mylanta Double Strength Mylanta Maximum Strength Liquid Mylanta AR Pepcid AC Rolaid Pepto-Bismol Phillips Gelcaps Phillips Milk of Magnesia Tagament HB Tums Tylenol Headache Plus Extra Strength	Bonine Cola Ipecac Actidose with Sorbital Charcoaid Charcoaid 2000 Charcoaid Plus DS Charco Caps Liqui-Char Actidose – Aqua

**JUVENILE DRUG COURT
EXIT QUESTIONNAIRE**

1. The length of the program was: too long, too short, just right	True False
2. I think the program would be better if it lasted _____ months.	
3. I was able to use drugs or alcohol while in Drug Court and I was not caught.	True False
4. I avoided getting caught by _____	
5. Group was the best part of counseling	True False
6. Individual Therapy was the best part of counseling.	True False
7. Family counseling was the best part of counseling.	True False
8. It was important to me to be able to talk to the Judge.	True False
9. Drug Court was the first time I received treatment for drug or alcohol abuse	True False
10. If I could, I would add _____ to the program. (Use additional space on back if needed)	
11. The program is good, it just was not right for me.	True False
12. It was important for me to get into Drug Court soon after my arrest.	True False
13. The most important reason for me to be in Drug Court was: ____ To stay out of detention ____ To get treatment for substance abuse ____ To get a job ____ To catch up or graduate from school ____ To improve my relationship with my family ____ Other _____	
14. The most effective part of the program for me was _____	
15. Drug testing was helpful to keep me from using.	True False
16. I should have been tested:	More Less
17. Best part of Drug Court: _____	
18. Worst part of Drug Court: _____	
19. AA/NA was very helpful.	True False
20. I plan to continue in AA/NA	True False
21. I will continue to work with my sponsor.	True False
22. I was treated fairly by the drug court staff and judge	True False
23. I would be interested in coming back to Drug Court to tell my story to participants.	True False
24. Drug court helped me with school in the following ways: _____	
25. I was able to advance in school while in the Drug Court program.	True False
26. It was important to have my family participate in Drug Court with me. Why? _____	True False
27. I would like the Judge to know the following: _____	