

**CARSON CITY BOARD OF HEALTH**  
**Minutes of the March 3, 2022 Meeting**  
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**DRAFT**

A meeting of the Carson City Board of Health was held during the regularly scheduled Carson City Board of Supervisors meeting on Thursday, March 3, 2022, in the Community Center Robert “Bob” Crowell Boardroom, 851 East William Street, Carson City, Nevada.

**PRESENT:**

Chairperson Dr. Colleen Lyons  
Vice Chair Stacey Giomi  
Member Lori Bagwell  
Member Ken Furlong  
Member Stan Jones  
Member Lisa Schuette  
Member Maurice White

**STAFF:**

Nancy Paulson, City Manager  
Stephanie Hicks, Deputy City Manager  
Dan Yu, Assistant District Attorney  
Tamar Warren, Senior Public Meetings Clerk

**NOTE:** A recording of these proceedings, the board’s agenda materials, and any written comments or documentation provided to the Clerk during the meeting are part of the public record. These materials are on file in the Clerk’s Office, and available for review during regular business hours.

**17. CALL TO ORDER & ROLL CALL - BOARD OF HEALTH**

(9:19:06) – Chairperson Lyons called the meeting to order. Ms. Warren called roll and noted the presence of a quorum.

**18. PUBLIC COMMENT**

(9:19:30) – Chairperson Lyons entertained public comments. Deni French expressed concern that with the rapid increase of waste, the landfill would eventually outgrow its location and the paved areas would be used for waste disposal as well. Mr. French also recommended reconsidering the placement of cell towers near schools as they impacted brain development, especially in children. He believed that the 5G global wireless technology harmed birds and other creatures as well.

(9:22:43) – Debra Songer introduced herself and objected to the COVID-19 vaccine and its side effects. She also objected to several types of treatments received by individuals with COVID symptoms.

**19. FOR POSSIBLE ACTION: APPROVAL OF MINUTES - DECEMBER 2, 2021**

(9:26:18) – Chairperson Lyons introduced the item and entertained comments or a motion.

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(9:26:26) – Member Bagwell moved to approve the minutes of the December 2, 2021 meeting. The motion was seconded by Member Schuette and carried 7-0-0.

**20. HEALTH AND HUMAN SERVICES**

**20.A FOR POSSIBLE ACTION: DISCUSSION AND POSSIBLE ACTION REGARDING THE PROPOSED ACCEPTANCE OF A REPORT OF THE CARSON CITY HEALTH OFFICER.**

(9:27:00) – Chairperson Lyons introduced the item and presented her report which is incorporated into the record along with the Staff Report. Member Bagwell thanked Chair Lyons for a thorough report and appreciated the fact that it was in written format for reference.

(9:42:17) – Member Jones moved to accept the report as presented. Member White seconded the motion.

<b>RESULT:</b>	<b>APPROVED (7-0-0)</b>
<b>MOVER:</b>	Member Jones
<b>SECONDER:</b>	Member White
<b>AYES:</b>	Members Bagwell, Furlong, Giomi, Jones, Schuette, White, and Chair Lyons
<b>NAYS:</b>	None
<b>ABSTENTIONS:</b>	None
<b>ABSENT:</b>	None

**20.B FOR POSSIBLE ACTION: DISCUSSION AND POSSIBLE ACTION REGARDING A PROPOSED ACCEPTANCE OF THE REPORT OF THE CARSON CITY DEPARTMENT OF HEALTH AND HUMAN SERVICES (“CCHHS”) DIRECTOR, NICKI AAKER.**

(9:42:31) – Chairperson Lyons introduced the item. Carson City Health and Human Services (CCHHS) Director Nicki Aaker welcomed newly-hired Clinical Services Manager Katharyn Kurek, replacing Veronica Galas who was still at CCHHS, in another capacity. She also noted that a revised copy of her report had been distributed to the Board as late material [and incorporated into the record]. Ms. Aaker entertained suggestions on the Board on how they preferred to receive her report. Member Bagwell thanked Ms. Aaker for the written report in advance and noted that the material would provide her “the ability to talk [to] the public about what’s going on” with good statistics and information. Ms. Aaker reviewed the presentation, incorporated into the record, and responded to clarifying questions. She also invited Julia Peek, deputy administrator of Community Health Services for the Nevada Division of Public and Behavioral Health, participating via WebEx, to discuss the State’s role in providing treatments for the City’s residents. Ms. Peek provided the following number 1-800-401-0946 for Nevadans to navigate through vaccination information, testing options, and therapeutics.

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(9:51:44) – Ms. Peek reviewed information on the State’s website <https://nvhealthresponse.nv.gov/find-treatment/> and specifically addressed the *Free State-Supported Services*. She noted the availability of the free pre-exposure therapeutic Evusheld and the telehealth support for free screening and treatment. Ms. Peek responded to clarifying questions as well. Chair Lyons encouraged wearing masks for viral respiratory illnesses, washing hands, and staying home when exhibiting symptoms of viral illnesses. She also entertained public comments.

(9:58:50) – Mr. French stated that information about teenage pregnancies, sexually transmitted diseases (STDs), abortions, sexual assault, domestic violence, teen vaping was “a little bit hard to find” and inquired about CCHHS’s coordination with the schools regarding those issues. Chairperson Lyons noted that vaping has been “a huge issue in Carson City” and “is outranking the State” at this time and explained that CCHHS has provided outreach to teens and parents on the issue. Chairperson Lyons also provided information on the State’s Board of Health meeting and Ms. Songer stated that she would email her the information she wished to have passed along to the State.

(10:03:53) – Chairperson Lyons recessed the meeting for a Board of Supervisors presentation.

(10:04:11) – Mayor Bagwell thanked the Foundation for Carson City Parks and Recreation, “a fundraising arm to beautify all of the areas of our parks [system]” and invited former Carson City Mayor Ray Masayko (1996 – 2004) to join the Board as she presented his biography, noting he was honored as Citizen of the Year in Carson City in 1991. Mayor Bagwell credited Mr. Masayko for relocating City Hall to Downtown Carson City and the reconstruction of the Courthouse building. She also thanked him for donating a kiosk and four benches at Mayors Park, noting that a ribbon-cutting event was being planned for the future. Mr. Masayko would later join Mayor Bagwell and the Supervisors outside the Robert “Bob” Crowell Boardroom to unveil the Tree of Service, honoring all the mayors who had served the City, a gift from Mr. Masayko, who called himself the last living elected Mayor of Carson City. He also thanked Mayor Bagwell for her follow-through on his idea to have the Tree of Service, with each mayor’s name inscribed on a leaf. Mr. Masayko believed that it was a good way to honor the mayors who came before him and those who would take office later.

(10:15:53) – Mayor Bagwell invited the Board members to speak. Supervisor Jones recalled his first meeting with the former Mayor in Hawthorne, Nevada where they had served a free Thanksgiving meal “for those who needed it.” Supervisor Giomi thanked former Mayor Eugene Scrivner and the County Commission at that time for forming the Consolidated Municipality, calling it “unique in the State of Nevada,” which had created a great sense of community. Mr. Masayko was also grateful for “the visionaries back in 1969” who placed the consolidation question on the ballot. Mayor Bagwell, Mr. Masayko, and the Board of Supervisors stepped outside the Boardroom to unveil a symbolic Tree of Service featuring plaques as leaves with the names of the Carson City mayors and the dates of their service. The tree and plaques were a gift from Mr. Masayko, through the Foundation for Carson City Parks and Recreation. Mayor Bagwell noted that she was working with the Carson City Chamber of Commerce and Mr. Masayko to create thumbnail biographies of the former Mayors. She also thanked Chairperson Lyons for recessing the Board of Health meeting to unveil the plaque.

(10:31:50) – Chairperson Lyons reconvened the meeting. A quorum was still present.

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(10:30:51) – Ms. Aaker continued reviewing the CCHHS Director’s Report. and presented a video on chronic diseases and one on youth tobacco prevention activities. She stated that she was planning a future presentation regarding tobacco products and cessation efforts, and offered a similar presentation to agencies who would request them. Ms. Aaker identified several vacancies in her organization and congratulated CCHHS employee Christie Contreras for completing the Community Health Worker Certification. Member Bagwell called Ms. Contreras “a great find.” Ms. Aaker clarified that the committee on affordable housing would be bringing forward their recommendations to the Board of Supervisors, possibly during the second meeting in April 2022. Member Schuette recommended stressing to teens the financial burden of vaping as well. She also was in favor of addressing healthy lifestyles such as “healthcare versus sick-care.” Chairperson Lyons highlighted the consequences of vaping due to the oils and stressed the importance of prevention education. She also highlighted the vacancy for the position of Deputy Director and the other open positions and entertained a motion to accept the CCHHS Director’s Report.

**(11:08:47) – Vice Chair Giomi moved to accept the report. Member White seconded the motion.**

<b>RESULT:</b>	<b>APPROVED (7-0-0)</b>
<b>MOVER:</b>	Vice Chair Giomi
<b>SECONDER:</b>	Member White
<b>AYES:</b>	Members Bagwell, Furlong, Giomi, Jones, Schuette, White, and Chair Lyons
<b>NAYS:</b>	None
<b>ABSTENTIONS:</b>	None
<b>ABSENT:</b>	None

(11:09:14) – Chairperson Lyons noted that item 20.D would be heard prior to item 20.C.

**20.C FOR POSSIBLE ACTION: DISCUSSION AND POSSIBLE ACTION REGARDING A PROPOSED ACCEPTANCE OF THE 2021 ANNUAL REPORT OF THE CARSON CITY DEPARTMENT OF HEALTH AND HUMAN SERVICES (“CCHHS”).**

(11:36:09) – Chairperson Lyons introduced the item. Ms. Aaker presented the 2021 CCHHS Annual Report, which is incorporated into the record, and highlighted several items, noting that the Department was 71 percent grant-funded. Vice Chair Giomi recommended including success metrics for programs. Member Schuette wished to see whether the survey included data on students who had tried tobacco products just once and had not continued using them. Ms. Aaker made the following corrections to the food service establishment critical violations:

- ~~373~~ 175 Critical violations reported in Carson City
- ~~359~~ 138 Critical violations reported in Douglas County

(11:53:15) – Member Bagwell noted the Supportive Housing Grant information captured on page 11 of Ms. Aaker’s report and acknowledged the difficulty of the solutions and the expensive nature of the endeavor. Chairperson Lyons clarified that Access to Healthcare “priorities were deferred due to the

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massive outreach” related to the COVID-19 pandemic. Ms. Aaker stated that the report will be available on the CCHHS website. Member Bagwell noted that she would use excerpts of the report in her upcoming Coffee and Conversation with the Mayor as CCHHS was the subject matter. Chairperson Lyons entertained a motion.

**(12:08:11) – Member Furlong moved to the report as presented with the corrections discussed on the record. Member Bagwell seconded the motion.**

<b>RESULT:</b>	<b>APPROVED (7-0-0)</b>
<b>MOVER:</b>	Member Furlong
<b>SECONDER:</b>	Member Bagwell
<b>AYES:</b>	Members Bagwell, Furlong, Giomi, Jones, Schuette, White, and Chair Lyons
<b>NAYS:</b>	None
<b>ABSTENTIONS:</b>	None
<b>ABSENT:</b>	None

**20.D FOR DISCUSSION ONLY: DISCUSSION AND PRESENTATION ON SEXUAL ASSAULT AWARENESS MONTH AND RESOURCES FOR SEXUAL ASSAULT VICTIM-SURVIVORS IN CARSON CITY.**

(11:09:20) – Chairperson Lyons introduced the item. Ms. Aaker explained that since April was Sexual Assault Awareness Month, she had invited representatives from the Carson City Sheriff’s Office, Advocates to End Domestic Violence, and CCHHS to provide information about their collaborative efforts to coordinate awareness and prevention of sexual assault and to support the victims of sexual assault in the community.

(11:09:58) – Advocates to End Domestic Violence (AEDV) Sexual Assault Coordinator Traci Trenoweth and Carson City Sheriff’s Office (CCSO) Detective Erin McMahan introduced themselves and provided a chronological description of the steps that take place after receiving a call regarding sexual assault. The initial call might come as a result of an Emergency Room (ER) visit, a call to law enforcement, or a call to the AEDV crisis hotline. Ms. Aaker provided information on the Sexual Assault nurses and their role in the examinations. She also discussed the training involved for all parties. Ms. Trenoweth noted that there were two staff members and 23 community volunteers who answered the crisis calls.

(11:17:48) – Human Services Manager Mary Jane Ostrander reviewed CCHHS’s role in providing counseling and necessary medication, without being in contact with the victim. She noted that many victims seek counseling up to a year later. Ms. Trenoweth highlighted the fact that AEDV stays with the victims even if the exams are in Washoe County and explained that many of the underage victims may choose not to report immediately. Member Bagwell received clarification that the NRS mandate to pay up to \$1,000 for costs for medical and psychological treatment is only for reported crimes and invited Ms. Trenoweth to inform the Board whether that should be addressed in the future. Ms. Trenoweth noted that they would bring the item forward when the Carson City Municipal Code (CCMC) changes are discussed. Vice Chair Giomi commended the team members for their compassion. Member Furlong was informed that Carson City has a higher rate of reporting as the victims can report at a later date. Member White

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was informed by Chairperson Lyons that all sexual assault claims are subject to the “10 Steps to Believing,” presented as part of agenda item 20.A, who added that a victim’s memory could be distorted at times. She also stated that many incidents go unreported because of the negative responses victims receive from friends and family, adding “this is a man’s issue” and the next step is to help men not be perpetrators. Member Furlong clarified that the first step of getting a report dictates how the process ends. Chairperson Lyons announced that April was Sexual Assault Awareness Month, and that April 4, 2022 was Denim Day “in support of women who have suffered through this kind of trauma.”

**21. PUBLIC COMMENT**

(12:08:31) – Chairperson Lyons entertained final public comments. Mr. French thanked the Board for the information; however, he requested the presentation of additional information prior to voting on items. He also believed that caffeine should be considered an addictive substance due to its consumption by youth in concentrated amounts, in addition to electronic gadgets.

**22. FOR POSSIBLE ACTION: TO ADJOURN**

(12:11:42) – Chairperson Lyons adjourned the meeting at 12:11 p.m.

The Minutes of the March 3, 2021 Carson City Board of Health meeting are so approved this \_\_\_\_\_ day of \_\_\_\_\_, 2022.

\_\_\_\_\_  
DR. COLLEEN LYONS, Chair

ATTEST:

\_\_\_\_\_  
AUBREY ROWLATT, Clerk – Recorder