



## STAFF REPORT

**Report To:** Board of Health

**Meeting Date:** December 15, 2022

**Staff Contact:** Nicki Aaker, Health and Human Services Director

**Agenda Title:** For Possible Action: Discussion and possible action regarding the second biannual 2022 report from Vitality Unlimited as required by Contract #1718-118 between Carson City and Vitality Unlimited, with an emphasis on Civil Protective Custody ("CPC") admissions. (Nicki Aaker, [naaker@carson.org](mailto:naaker@carson.org))

Staff Summary: As part of the services agreement between Carson City and Vitality Unlimited, Vitality Unlimited agreed to provide biannual reports to the Carson City Board of Health to include information on the following: (1) CPC admissions; (2) CPC denied/medical; (3) CPC no show; (4) CPC to residential; (5) women residential; (6) women detox; (7) men residential; (8) men detox; (9) number of Carson City residents treated at the Carson City facility; (10) number of Carson City residents treated at the Elko Facility; and (11) any other statistics requested by the Board of Health as determined reasonable by both parties.

**Agenda Action:** Formal Action / Motion

**Time Requested:** 10 minutes

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### **Proposed Motion**

I move to accept the report as presented.

### **Board's Strategic Goal**

Quality of Life

### **Previous Action**

August 18, 2022 (Item 22B): The Board of Health approved the first biannual 2022 report presentation from Vitality Unlimited. Board of Health member Stacey Giomi requested an update be provided at the next Board of Health meeting regarding re-allowing CPCs at the Vitality Unlimited Carson City facility located at 900 E. Long Street.

December 21, 2017 (Item 14A): The Board of Supervisors approved Contract #1718-118, by and between Carson City and Vitality Unlimited, requiring Vitality Unlimited to present biannual reports to the Board of Health.

### **Background/Issues & Analysis**

On September 7, 2022, Judith Ricketts-Stookey, Vitality Unlimited Operations Coordinator, e-mailed Nicki Aaker stating that Vitality Unlimited "got approval to resume CPC service." Ms. Ricketts-Stookey further stated that she provided this update to the Carson City Sheriff's Office ("CCSO") and the Mobile Outreach Safety Team ("MOST").

### **Applicable Statute, Code, Policy, Rule or Regulation**

N/A

**Financial Information**

Is there a fiscal impact? No

If yes, account name/number:

Is it currently budgeted?

Explanation of Fiscal Impact:

**Alternatives**

N/A

**Attachments:**

[2022 VU CARSON CITY BOARD OF HEALTH REPORT THROUGH 113022.docx](#)

**Board Action Taken:**

Motion: \_\_\_\_\_

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_

Aye/Nay

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(Vote Recorded By)



**CARSON CITY BOARD OF HEALTH  
DECEMBER 2022  
CARSON CITY RESIDENTS – DECEMBER 1, 2021, TO NOVEMBER 30, 2022**

MONTH	DETOX MALE	DETOX WOMEN	RESIDENTIAL MEN	RESIDENTIAL WOMEN	CPC ADMITS	RESIDENTIAL IN CARSON CITY	RESIDENTIAL IN ELKO
DEC-21	14	27	14	27	0	21	20
JAN-22	19	31	19	31	0	15	35
FEB-22	16	17	16	17	0	12	21
MAR-22	10	20	10	20	0	16	14
APR-22	9	20	9	20	0	13	16
MAY-22	10	29	10	29	0	19	20
JUN-22	30	19	30	19	0	22	27
JUL-22	22	18	22	18	0	14	26
AUG-22	27	16	27	16	0	18	25
SEP-22	20	13	20	13	2	17	16
OCT-22	22	17	22	17	10	18	21
NOV-22	23	17	23	17	4	21	19
<b>TOTAL</b>	<b>222</b>	<b>244</b>	<b>222</b>	<b>244</b>	<b>16</b>	<b>206</b>	<b>260</b>

Data is pulled from the electronic health record.

Clients may be in multiple levels of care in a month. Numbers are not a unique client count.

Clients placed in the facility based upon the referral request, bed availability and appropriate treatment needs.

100% of all residential referrals from Carson City were placed in the Vitality system as requested by referral.

Civil Protective Custody (CPC) referrals are closely monitored with Carson City Sheriff's Office for compliance. With the advent of the Covid-19 Crisis our CPC program was placed on hold to ensure the safety of Vitality clients and staff.

## **PROGRAM OVERVIEW**

1. Vitality Unlimited's Medical Director is Dr. Michael Thompson.
2. Vitality Unlimited Carson City is a state certified and licensed facility and uses the American Society of Addiction Medicine (ASAM) for treatment guidelines.
3. Vitality Unlimited has the following levels of care:
  - a. Civil Protective Custody (CPC) a person cannot be held for more than 48 hours per NRS/NAC.
  - b. Withdrawal Management (Detox) – the average length of stay is 2.20 days
  - c. Residential Services – an average length of stay is 27.60 days
  - d. Intensive Outpatient Care – Up to 9 hours of treatment three days a week
  - e. Outpatient services – Up to 6 hours of treatment a week
  - f. Referral to and treatment services at Vitality Unlimited's Certified Community Behavioral Health Center (CCBHC) in Carson City
4. Vitality Unlimited screens with consent and is in compliance with state and federal HIPAA regulations for TB and HIV/AIDS for clients entering the residential program. Results are communicated to the State Compliance Coordinator.
5. Vitality Unlimited residential treatment facilities have remained open throughout the pandemic.