



# MOVERS & DOERS 2024 SUMMER ACTIVITY GUIDE

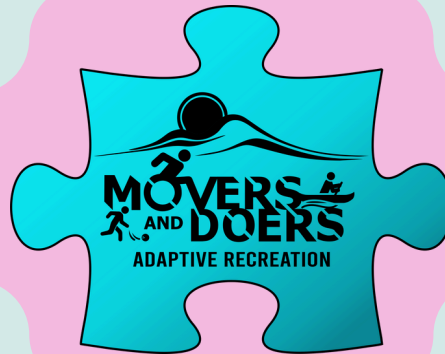


**Mark Wellman's  
Adventure Day**  
Sunday, June 2  
10:00am - 2:00pm  
\$5  
Transportation Available

**Goal Getters Jog and  
Walk Program**  
Wednesdays (6/12 - 8/7)  
4:00pm - 5:00pm  
\$20/8 week session  
Meet at the Front Counter  
of the MAC

**Mini Golf At Magic  
Carpet**  
Saturday, June 29  
10:00am - 2:00pm  
\$15  
Transportation Available

**Fishing Bailey's Pond**  
Saturday, July 20  
9:00am - 11:00am  
\$5  
Meet at Bailey's Pond at  
Fuji Park



**Wild Island**  
Saturday, August 24  
9:30pm - 4:00pm  
\$25  
Transportation Available

Register online at  
[www.carson.org/ccpr](http://www.carson.org/ccpr)



For questions, contact Andrew  
Menendez at 775-283-7428 or  
[amenendez@carson.org](mailto:amenendez@carson.org) or  
Charmaine Angel at 775-283-7424  
or [cangel@carson.org](mailto:cangel@carson.org).

## **Mark Wellman's Adventure Day**

People with disabilities and their friends and families are invited to try out hand-cycling, kayaking, and rock climbing through the use of a broad range of adaptive equipment. Make sure to bring a lunch, water, and sunscreen.

## **Goal Getters Jog and Walk Program**

The Goal Getters Jog & Walk program is a great way to beat the winter breeze and get your body moving. Each week participants will jog & walk at the Carson City MAC indoor track. Every lap a participant completes will be accounted for and the distance will be measured at the end of each session. As a team of Goal Getters participants will set out to go the distance.

## **Mini Golf at Magic Carpet**

Spend the afternoon playing mini golf on one of the three courses Magic Carpet has to offer. Make sure to bring lunch, water, and sunscreen.

## **Fishing at Bailey's Pond**

Learn how to bait a hook and reel em' in during our annual fishing adventure at Fuji Park. Make sure to bring water and sunscreen.

## **Wild Island**

Float, swim, and slide at the Wild Island Waterpark. Make sure to bring water and sunscreen. Lunch will be provided.